

# INDULGE

Miami Herald

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## The Rise of Khan

Modern-day Renaissance man Naeem Khan leads Miami's soaring fashion revolution

EXCLUSIVE INTERVIEW BY IRAN ISSA-KHAN

The Evolution of the "It" Item + Music in the Magic City + Fall's New Whiskey Cocktails





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## ON THE COVER

Photography by Kellie Walsh/ 4 Eyes Photography.

Fashion Editor/Producer: Elysze Held.

Hair: Danny Jelaca. Makeup: Osvaldo Perez.

Models: Belle/The Walk Collective, Carolina/

The Walk Collective, Lilo/MC2, and Melissa V/ MC2.

Assistant Stylist: Dani Parets.

Fashion Interns: Samantha Torres, Pangea Kali Virga and Victoria Cabrera.

On models: Jewelry provided by Chopard.

Eveningwear by Naeem Khan, Resort 2020.

On Naeem: Black suit is his own. Shirt by Prada.

Shoes by Valentino.





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# editor's letter

**W**hen I think back to those important moments in my life, I never fail to recall one memorable detail: what I wore. INDULGE's Contributing Fashion Editor Elysze Held — a figure so recognizable for her unique fashion perspective that she currently stars on a prominent local billboard — would call it a “style story.” For example, the evening I announced via Instagram (How else?) the news that I had accepted my then-brand-new role as editor in chief of this magazine, I can distinctly envision the black, draped Celine dress I had on when my finger hit the share button. I also wore my lucky emerald and white sapphire earrings for the occasion. Created by one of my favorite local jewelry designers, Shiroiy D. Cama, the glimmering pieces make me smile every time I feel them dangling on my ears, the very reason I wore them in the first place.

Throughout history, fashion has been a reflection of the times: the religion, art, and politics that determined the culture of that moment and place. In some instances, it packed enough of a punch to be able to initiate change. Such is the case with the subject of our cover story Naeem Khan, a fascinating figure whose current ambitions extend beyond the sketching and sewing of the drop-dead gorgeous gowns from his Resort 2020 collection featured in this issue (p. 82). Yes, Khan has big plans for Miami. His dear friend Iran Issa-Khan and I discussed these plans with him at length both on and off the record, during two days spent hanging out at his artfully curated Miami penthouse together with the INDULGE team (including a certain aforementioned fashion editor, who is this issue's indisputable MVP). These projects will not only serve to elevate Miami's profile as an international fashion hub, but will also create jobs in the community and teach a whole new generation of like-minded individuals how to run the fashion world. How's that for aspirational designs?

Like LBDs and crisp button-down shirts, good food and cocktails are always in style. As you may expect, INDULGE brings you the best of both worlds. On his final day as visiting chef at Time Out Market Miami, the young and talented Miguel Massens chats with INDULGE about his exquisite mojo braised pork (p. 58) and the oh-so-curious history behind the often-requested dish. In our Pour column (p. 60), contributor Angela Caraway-Carlton tells us all about the renewed popularity of whiskey-based cocktails and the pairings, special menus and exclusive events being created to showcase these delightful — and potent — concoctions.

To me, fashion is not defined by price tags or trends. Fashion is about feeling. Many of us have those special items — jewelry, clothing or otherwise — that make us stand a little taller, our skin glowing a little brighter as we float out the door. My wish for you, our reader, is that you experience the same kind of emotional satisfaction as you flip through each issue of INDULGE, that within these pages there will be a connection that will inspire you to be the best version of yourself, or at the very least will sprinkle your day with a bit of eye-catching, memorable magic.



Jenny Starr Perez  
Editor in Chief

*Jenny Starr Perez*

## KEEP IN TOUCH!

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# from the publisher

**O**ur INDULGE Fashion Issue is here again, and I couldn't be more excited — my perennial anticipation of this edition is second only to my weekly Friday date nights with my husband! These pages are bursting at the seams with fabulous fashions and the artists behind them. Our cover, The Rise of Khan (p. 82), is a standout, with ten pages of this fascinating Renaissance man's work and philosophy, as profiled in an exclusive interview by the irrepressible celebrity photographer Iran Issa-Khan. It makes me proud to be the publisher of this distinguished publication, and partner to our editor-in-chief,

Jenny Starr Perez.

Once we've fulfilled your fashion fix, travel through our pages to Italy's Amalfi Coast, captured beautifully by Catalina Balzano (p. 75). Her experiences are artfully described and recall memories of a recent family journey spent mainly in Positano. This stunning coastline, wedged between the Mediterranean Sea and the Lattari mountains, is a world traveler's delight. Catalina presents us with a handful of recommendations certain to make your trip more enjoyable and fulfilling. A personal favorite of my own would be La Tagliata, a family farm-to-table trattoria tucked into Positano's hillside, where Nonna comes from the kitchen to greet each table — which you, like me, will never forget.

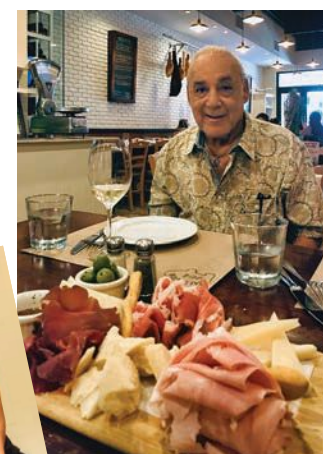
While seafood graces the typical Italian coastal menu, we explore the art of charcuterie here at home in Dish (p. 53). As fall approaches, bringing us cooler breezes, it's a fine time to seek out some favorite spots to enjoy imported — and yes, even local — cured meats and cheeses with a perfectly paired glass of wine. Terry Zarikian brings us this slice of heaven, selecting seven distinctive spots, each with its own take on the classic charcuterie board. Personally speaking, I was raised in Miami and first introduced to the combination of salt-cured meats and cheeses by my Cuban father. Here we are (photos right) toasting together as family, while dining at Salumeria 104 in Coral Gables. Cheers, Papi! And cheers, charcuterie!

The pages of The Local (p. 15) offer another round of irresistible goodies, curated by Claudia Miyar, who will satisfy your taste for lace and feathery finds. If it's a new experience you're craving, Eric Barton's Launching Now selectively sources a host of new venues, including A Night of 1,000 Gagas; a speakeasy-style bar cleverly named Blind Barber; an Italian sojourn in Bal Harbour (sans the jet lag); and finally, a SoMi neighborhood escape where you can stylishly sip Mourvèdre while picturing yourself in the seaside town of Bandol, France. How delicious is that?

I hope you enjoy this Fall Fashion issue of INDULGE as much as our talented team takes pleasure in hunting for the unique, the new and the trendsetting in the Magic City. This collaboration is thoughtfully presented to you, our valued reader, delivering on our own consistently high expectations. And now, on to planning Friday date night!



Lesley DeCanio



*Lesley*

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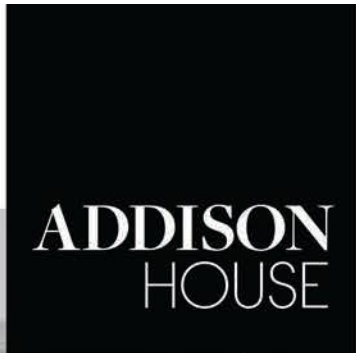
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# the local

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By Claudia Miyar



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1

## TRACES OF *lace*

The most feminine of fabrics gets a sporty update for fall, a look with charisma that's black and white.



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9

1. Loewe runway, Loewe. 110 Northeast 39th Street, Design District; 305-576-7601; loewe.com. 2. Alexis Bittar crystal encrusted lace bib necklace, \$345. Neiman Marcus at Merrick Park. 385 Aragon Avenue, Coral Gables; 305-576-3501; neimanmarcus.com. 3. Versace lace bralette, \$250. Versace. 186 Northeast 39th Street, Design District; 305-573-8345; versace.com. 4-5. Sweat shirt, \$1490, and lace knit dress, \$2690, Valentino. 140 North East 39th Street, Design District; 305-639-8851; valentino.com. 6-7. Lace pants, \$995, and box clutch in plexiglass lace, \$1995. Dolce & Gabbana at Bal Harbour Shops. 9700 Collins Avenue, Bal Harbour; 305-866-0503; www.dolcegabbana.com. 8. Flower lace bomber with patch, \$2800. Gucci. 139 Northeast 41st Street, Design District; 786-915-8710; gucci.com. 9. Stella McCartney Sneakelyse lace chunky sneaker, \$785. Stella McCartney at Bal Harbour Shops. 9700 Collins Avenue; 305-532-5455; stellamccartney.com.





# Wing WOMAN

From runways to red carpets, glamorous feathered fashion is in full plume, with designs that recall some of Hollywood's sexiest onscreen sirens.



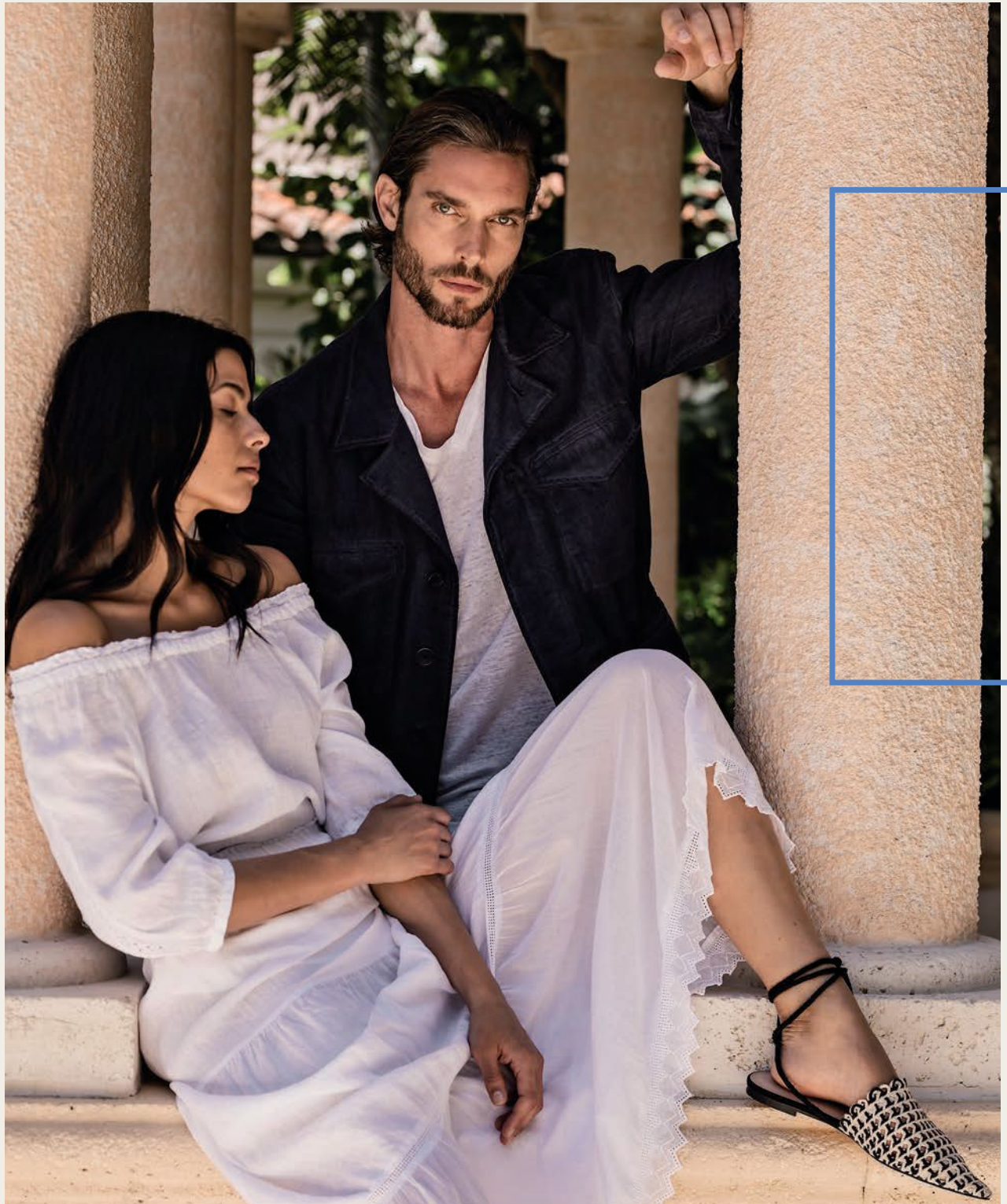
1. Valentino Fall Couture Runway. Large Vlogo Escape shopper with feathers, \$4745. Valentino. 140 Northeast 39th Street, Design District; 305-639-8851; valentino.com.  
2. Fendi pom pom bag charm, \$450. Fendi. 150 Northeast 40th Street, Design District; 786-655-5400; fendi.com. 3. Marques' Almeida striped feather jacket, \$2765. The Webster. 1220 Collins Avenue, Miami Beach; 305-674-7899; thewebstermiami.com. 4. Mini tube dress with feather embroidery, \$11000. Saint Laurent. 149 Northeast 40th Street, Design District; 305-704-4144; www.ysl.com.  
5. Cinq à Sept Cerise feather silk slip dress, \$595. Saks Fifth Avenue at Brickell City Centre. 81 Southwest 8th Street; 786-907-3800; saksfifthavenue.com. 6. Alice & Olivia Merrill midi skirt, \$995. Alice + Olivia. 3922 Northeast 1st Avenue, Design District; 305-375-6056; alicelandolivia.com. 7. Viola white suede and crystal sandals with ostrich tassel, \$1895. Jimmy Choo at Merrick Park. 360 San Lorenzo Avenue; 305-443-6124; jimmychoo.com. 8-9. Ranjana Khan Lana feather and crystal earrings, \$550, and Michael Aram feather black cuff bracelet with diamonds, \$1925. Neiman Marcus at Bal Harbour Shops. 9700 Collins Avenue; 305-865-6161; neimanmarcus.com.





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By Eric Barton



## Your Yacht for a Day

Here are a few facts and figures on your future weekend plans: it sleeps eight overnight with guests in four cabins and features jet-skis, trampolines, waterslides and, in total, 103 feet of cruising luxury. To rent the yacht Julia Dorothy will set you back a paltry \$8,400 a day. It's one of a couple thousand boats and ships on the app **GetMyBoat**, essentially the Airbnb of watercraft, where you can rent everything from a blow-up dingy to the luxury yacht of your weekend dreams. About 400 are available here in South Florida, perfect for your next reef dive trip or that weekend cruise on a mega-yacht. [getmyboat.com](http://getmyboat.com).

## Something to Wine About



The tiny commune of Bandol on France's southern coast benefits from the warm air blowing off the Mediterranean, allowing its Mourvèdre grapes to become intensely flavored. And while it would be nice if we could all make a weekend trip there, we can at least get a sample in South Miami. **Domaine Souviou Wine Bar Boutique** is an expat from Provence and allows for a tasting of the area's unique wines. In addition to bottles of reds, whites and bubbly from the region, the shop also sells olive oils and jams and tastes of things you'd find on any weekend trip to southern France. 305-395-4060.



## A WHOLE LOT OF GAGAS

Two years ago, it was the Night of 1,000 Madonnas. In 2018, they hosted 1,000 Chers. On Halloween this year, the W Fort Lauderdale is summoning Mother Monster herself. The **Night of 1,000 Gagas** will land at the W's Living Room bar, with everyone from professional impersonators to musical performers to just regular guys and girls doing their best Gaga for the night. It starts at 10 on Oct. 26 with a DJ mixing the Lady's tunes. There will be prizes for winners of the costume contest, with categories for the most glamorous Gaga looks.





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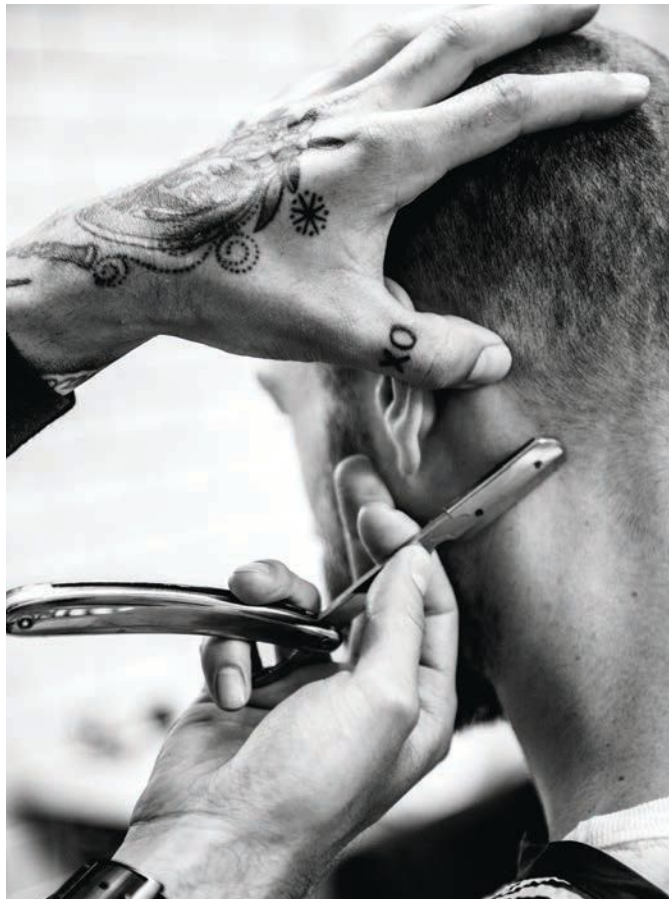
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By Eric Barton



## Trust the Blind Barber

“Stay handsome” is the slogan of the Blind Barber, a cocktail bar and barbershop that began in New York’s East Village in 2010. It’s nice that the place assumes we’re already handsome, especially since the **Blind Barber** has now arrived in the Magic City. Blind Barber’s local spot takes over a corner of the new Nautilus by Arlo ([arlohotels.com](http://arlohotels.com)) hotel on Miami Beach. In addition to the \$55 haircuts, \$30 beard trim, and a signature \$30 hangover treatment, the Blind Barber also has a speakeasy-style bar, where your handsomeness only improves the more you drink. [blindbarber.com](http://blindbarber.com).



## ITALY COMES TO MIAMI

If you’ve always hoped one day to have that perfectly fitted suit measured by an Italian craftsman, you’ll soon have your chance at Bal Harbour Shops. For its second-annual **Italy in Miami** event, the Bal Harbour outpost of Brioni will be flying in a master tailor from Italy to measure out bespoke suits. Trunk shows and events will be featured Oct. 17-19 at Bal Harbour’s Italian boutiques, including Brunello Cucinelli, Buccellati, Santoni and John Varvatos. Meant to feel like a Roman holiday, the Bal Harbour’s courtyard and connecting shops will become a veritable piazza of Italian food and products, everything from rare jewelry to glasses of Aperol spritz. [balharbourshops.com](http://balharbourshops.com).



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By Eric Barton



## MIAMI BEACH POP

The first-ever **Miami Beach Pop Festival** arrives on the shores of South Beach with a lineup that sounds more like a festival that's been around since Woodstock. Performers include the Raconteurs, Maggie Rogers, Leon Bridges, the Roots, T-Pain and likely your favorite band. Organizers say they're expecting upwards of 30,000 attendees a day from Nov. 8-10. Miami superstar chef Michael Schwartz will helm the lineup of local cuisine. If you're going, three-day and VIP tickets should probably be purchased sooner rather than later. [miami-beach-pop.com](http://miami-beach-pop.com).

## Ballet With a Sordid Tale



The plot sounds straight out of Hollywood: a tap dancer falls in love with a dance-hall girl, who is killed by her jealous boyfriend, sparking the tap dancer to take revenge. This tale, though, is told through dance in George Balanchine's "**Slaughter on Tenth Avenue**," which will begin the Miami City Ballet's season. Take in the drama Oct. 18-20 at the Arsht Center, Oct. 26-27 at the Broward Center or Nov. 8-10 when the tap dancer gets his last chance at revenge at the Kravis Center. [miamicityballet.org](http://miamicityballet.org).



## The Man Behind the Wolfsonian

Mitchell "Micky" Wolfson Jr. opened The Wolfsonian museum to the public in 1995 as a place to display art that showed how design can shape human experiences. But not until now has the museum dedicated an exhibition entirely to the vast and varied collecting history of Wolfson himself. In **A Universe of Things: Micky Wolfson Collects**, the museum delves into the mind of its founder, not only with pieces from his personal collection but also miscellany he's collected through the years, down to hotel room keys Wolfson pocketed on family vacations. [wolfsonian.org](http://wolfsonian.org).



## A Gala at the Market

**A Night at the Market** will transform The Lincoln Eatery in Miami Beach into a star-studded gala for an event to benefit the Parkinson's Foundation. Participating celebrity chefs include Aarón Sánchez and Jonathan Waxman. The event honors two superstar women living with Parkinson's: Zarela Martinez, a chef and restaurateur credited with importing authentic Mexican cuisine to the United States; and Mindy McIlroy, president of the real estate company Terranova Corporation, who has raised \$1.5 million for Parkinson's research from her business and personal donations. Score \$250 tickets, or better yet, VIP tickets get you access to special areas — and mean you're giving that much more to a worthy cause. [parkinson.org/market](http://parkinson.org/market).

JOHN DAVISSON (MIAMI POP)



# Art | Basel Miami Beach

Photograph taken at Miami Children's Museum

December 5–8, 2019





By Claudia Miyar

# ENAMORED WITH *enamel*

Present in a variety of styles ranging from flamboyant to understated, retro-inspired enamel jewelry is this season's comeback kid.



1. Stephen Webster Dynamite Cascade necklace with 18k white gold, white diamonds, black spinels, \$28,000. Chronus Gallery at St.Regis Bal Harbour. 9703 Collins Avenue, Bal Harbour; 786-646-9977; [chronusgallery.com](http://chronusgallery.com).  
2. Sydney Evan gold, enamel & diamond moon & star pendant, \$905. Saks Fifth Avenue at Brickell City Centre. 81 Southwest 8th Street, Miami; 786-907-3800; [saksfifthavenue.com](http://saksfifthavenue.com).  
3. Dessus Dessous Bouclerie Moderne Bangle, extra wide printed enamel bangle with contrasted printed enamel interior and colored aluminum hardware, \$820. Hermès. 163 Northeast 39th Street, Design District; 305-868-0118; [hermes.com](http://hermes.com).  
4. Enamel & diamond cufflinks, \$4,900. King Jewelers. 18265 Biscayne Boulevard, North Miami Beach; 305-935-4900; [kings1912.com](http://kings1912.com).  
5. Princess Cut pinky ring in yellow gold with navy enamel and diamonds, \$5,000. David Yurman at Aventura Mall. 19501 Biscayne Boulevard, Aventura; 305-936-3095; [davidyurman.com](http://davidyurman.com).  
6. Charms Romance Parisienne Promenade watch, yellow gold, tsavorite, diamond, mother-of-pearl, sapphire, champlevé enamel watch with interchangeable green or blue alligator straps, \$73,000. Van Cleef & Arpels. 140 Northeast 39th Street, Suite 128/228. Design District; 786-792-3925; [vancleefarpels.com](http://vancleefarpels.com).  
7-8. Nikos Koulis 18k white gold, diamond & emerald enamel Dui earrings, \$21,265, and Verdura peridot, topaz, diamond & enamel Maltese cross cuff bracelet, \$49,500. Neiman Marcus at Merrick Park. 385 Aragon Avenue, Coral Gables; 305-576-3501; [neimanmarcus.com](http://neimanmarcus.com).  
9. Azlee Diamond long enamel earrings, \$5,800. The Webster. 1220 Collins Avenue, Miami Beach; 305-674-7899; [thewebstermiami.com](http://thewebstermiami.com).



SLAV COLLECTION



OC Slav 18K White Gold and  
Diamond Triple Row Ring



OC Slav 18K White Gold and  
Diamond Crossed Circle Ring



OC Slav 18K White Gold and  
Diamond X Ring



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 @OCJEWELLERY



By Erin Michelle Newberg

# The Big Chill

For months, we at INDULGE experimented with various CBD-based products in the marketplace that promise clearer skin, reduced fine lines and a relaxed, overall look. While CBD may not be your average beauty ingredient, its effective anti-inflammatory properties and healing benefits make the demand, well, high.



**Lab to Beauty – The Recovery Oil**

A few drops go a long way when it comes to this potent CBD face oil. Loaded with matcha, arnica, jojoba and calendula, your skin seemingly magically looks flawless after the first use. Available exclusively at Lapis Spa at the Fontainebleau Miami Beach.

**The Veritas Farms Edibles**

Straight out of Colorado's sustainable farms, the Veritas Farms sweet chews are a good alternative to oil used to relax before bedtime. Two sweet treats are the right dose for sweet dreams. Bonne nuit! [theveritasfarms.com](http://theveritasfarms.com)



**Lord Jones – High CBD Bath Salts**

In the mood to drift off to a relaxing place? We adore this small batch of heavenly scented Himalayan and Epsom salt in a jar. The salts provide the ultimate serene journey for your muscles and mind. Available at [the Sacred Space](http://theSacredSpace.com), Miami.



**Kaleidoscope Labs – Glow Capsules**

This chic 'capsule within a capsule' assists with the improvement of the trinity of beauty: hair, skin and nail growth. The layers of the pill serve to accordingly digest the BioCell Collagen, PABA, Silica and 30 mg of full spectrum CBD extract. [kaleidoscopelabs.com](http://kaleidoscopelabs.com).



**Yuyo Botanics – PM Formula**

Add few drops of this orange-flavored oil under your tongue, which we recommend you keep there for 30 seconds. Swallow and let this tincture — made with organically grown hemp — do its job. [fleurmarche.com](http://fleurmarche.com).



**Code of Harmony – Chill Gel Masque**

The cool factor? Female alchemists and estheticians formulated this plant-based gel mask. The magic touch? The addition of Centella Asiatica firms your lines while the CoQ10 energizes in a gentle way. [codeofharmony.com](http://codeofharmony.com).



**Mirai Clinical – Bath Bomb**

Sold in sets, the Japanese CBD line of bath bombs come in three scents — eucalyptus, lemongrass and lavender. Each are equally as soothing when added to a lukewarm bath. A good night's sleep is almost assured. [miraiclinical.com](http://miraiclinical.com).



**Cannaisseur Brands – Massage oil**

This petite vial with a rolling tip is the epitome of convenience should you need a quick personal massage if you have, say, tendonitis or even small acne bumps on skin. You'll swear by the lavender scent. [cannaisseurbrands.com](http://cannaisseurbrands.com).



**Hora – Overnight Exfoliating Mask**

In this sleek black jar lie 422 mg of CBD, which help the exfoliating mask hydrate, protect and rejuvenate even the driest of faces. Perfect for reducing bloating after a way-too-fun night out. [horaskincare.com](http://horaskincare.com).



## FLEUR MARCHE THE MOST LUXURIOUS DESTINATION FOR TOP PRODUCTS IN THE CBD-VERSE

What happens when two former GOOP executives decide to address the needs of consumers who are nervous to try CBD? It's all about blooming. Meredith Schroeder and Ashley Lewis, founders of Fleur Marche, which translates to flower market, left their corporate gigs and launched an online business that makes this somewhat undiscovered world a lot less intimidating. No laid back vibes here; the duo is serious about their business. The prerequisites for any product to make it into the highly curated website include no pesticides and ingredients that must be farmed organically. Offering an elevated take on cannabis, making it luxurious in an effort to attract potential customers, the goal for both Lewis and Schroeder was always educate people. "People have fears about it, and rest assured that it does not make you high," says Lewis. For the most part, Fleur Marche sells individual products, like the PM oil mentioned above, but the website-featured kits like Le PMS, Le Beauty, Le Calm and Le Sleep, are *très nécessaire*. [fleurmarche.com](http://fleurmarche.com).



# Careaga

PLASTIC SURGERY

Careaga Plastic Surgery (CPS) is leading the aesthetic industry in the South Florida. Located in the heart of downtown Coral Gables, CPS is a state-of-the-art center that utilizes the latest and most innovative technology in the industry for both surgical and non-surgical procedures. Ranked among the top plastic surgery and med spa facilities in Miami, Careaga Plastic Surgery helps patients achieve their aesthetic and reconstructive goals in the safest way.

Dr. Daniel Careaga, lead surgeon who founded CPS in 2012, specializes in surgical breast and body sculpting, while Dr. Paul Durand whose expertise also lies in face and body surgery, he specializes in Rhinoplastys. The two doctors combined with their expertise, skills and talents truly offer patients the next level of industry excellence and optimal medical care within a luxurious facility.

CPS also offers the latest in non-invasive procedures and treatments with Reana Myers, Board Certified Physician's Assistant, whom specializes in injectables, lasers, EmSculpt, SculpSure among other non-surgical treatment. A veteran in the industry, Myers, helps patients achieve aesthetic goals, without requiring them to go under the knife.

A licensed Aesthetician, Massage Therapist and Laser Technician, Victoria Socarras, is CPS' skincare expert that specializes in facials, microneedling, dermaplaning, and peels. She also provides amazing massages including deep tissue, prenatal, reiki and reflexology.



BEAUTY YOU CAN TRUST

For a consultation, call 305.910.2734 or to learn more about Careaga Plastic Surgery's other services and products, visit [www.careagaplasticsurgery.com](http://www.careagaplasticsurgery.com) or on Instagram @careagaplasticsurgery



# the local STYLE

By Christiana Lilly



## THE WATCH

"I bought this Hublot watch three years ago on a cruise. I just love nice watches, and this one is the right size for me. It fits me well and the color is amazing." *Miami Design District, 140 Northeast 39th Street #103, Miami; 786-762-2929; hublot.com.*

## THE SCENT

"I like deep, spicy scents — I don't like sweet scents like citrus. That's why I just love Acqua di Parma Oud. You go out at night and people go wow!" *\$245, Brickell City Centre, 701 South Miami Avenue, Miami; 786-220-8840; acquadiparma.com.*



## THE SHOPPING

"I love shopping in the Miami Design District area; it reminds me of a combination of Harlem in NY, the flavor of Oakland, Cal., and walking down the streets of London. This is more than just high-end or luxury shopping — it is a one-stop shop for art, food, culture and, of course, fashion." *Miami Design District, miamidesigndistrict.net.*

# my 305 style

## JEAN-RAYMOND ALEXANDRE

Dubbed "the fashion police of Miami," the social worker pairs his love of a good look with a good cause — giving back to the children of his home country, Haiti.



## THE SIP

"I don't really drink unless I am out with friends and I can have a glass of Perrier Jouet rosé." *\$78.99, Total Wine & More, 1139 Fifth Street, Miami Beach; 786-276-6545; totalwine.com.*



## THE SHOES

"I am a big fan of luxury shoes. My mom always told me when I was young, 'You may not have money, but always have good shoes.' Even though I'm wearing something casual like jeans, the shoes must stand out." *\$700, Fendi shoes at Saks Fifth Avenue at Brickell City Centre, 81 Southwest Eighth Street, Miami; 786-907-3800; saksfifthavenue.com.*



## THE ART

"I am an art collector of Haitian paintings. I like to show Haitian culture to the world — the story behind the art." *Artwork by Hilome Jose.*



## THE BELT

"I just love this Gucci belt because I can wear it with jeans and dressy as well. You can do both at the same time." *\$460, Gucci at Miami Design District, 139 Northeast 41st Street; 786-915-8710; gucci.com.*

## THE CAUSE

"I've been working with Angels for Humanity for 12 years, and every September we have a Catwalk for Charity. The funds go to the kids in Haiti for cancer treatments and education." *Facebook.com/CatwalkForCharityMiami.*





INSPIRED BY A *Dream*

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By Ginger Harris

# Sweat IN STYLE

From camouflage to leopard-print, here's a few sets perfect for doing reps.

INDULGE Fitness Editor Ginger Harris wears the Lotus Top, \$27, and matching bottom, both available at Prinzzesa Boutique.



**W**henever I find myself lacking fitness motivation, I do one thing: Go shopping. There's nothing like a new shiny new Spandex set to renew my desire to hit the reformer. And there's nothing like the way it fits to keep me in a routine. Too tight: Time to get those steps in. Fits just right: A few more reps to keep things exactly where they should be. And many many times (probably more than I should admit) my workout attire is what I wind up wearing the rest of the day, making the fashion aspect as important as function. Given that I spend so much time in my leggings, I thought I'd share some of my local faves. Yup, these brands are all based right here in the 305, like **Prinzzesa Boutique's** Lotus Set I'm sporting above. It's my go-to set for hot yoga because it keeps everything neatly tucked away in the high waist (during those awkward tummy twisting binds). The mesh of the leggings and cut outs in the back of the bra offer ventilation when things start to heat up. And since the set matches, I don't mind running errands in it afterward.

## FOR THE GYM GOER

If you're the type that likes lifting weights, hitting the treadmill, the chest press machine, rowing indoors, you'll want to slip into **925Fit's** No Strings Attached Bra and Gym & Tone It Pants. The brand, based in the 305, is female-owned, making this set a real goal getter in more ways than one.



No Strings Attached Bra, \$74. Gym & Tone It Pants, \$106. Available at 925.com.

## FOR THE SPIN ENTHUSIAST

The cheetah is the fastest animal on earth. That is until you hit the spin cycle in **Glimpse's** Snow Leopard Leggings and matching Bra. You'll feel good as you pedal across those virtual terrains. And you'll look even better doing it in this private label from the Sunset Harbour shop.



Glimpse Snow Leopard Leggings, \$80, and Matching Bra, \$45. Both available at Glimpse Miami.

## FOR THE BOOTCAMPER

Push-ups. Sit-ups. Burpees. More burpees. Even more burpees. Bootcamp is no place for weak workout wardrobes. In keeping with the theme, I strongly suggest putting on **Noli Yoga's** Gl Jane Leggings and matching Aria Bra. If this shiny camo set doesn't get you ready for combatting calisthenics nothing will.



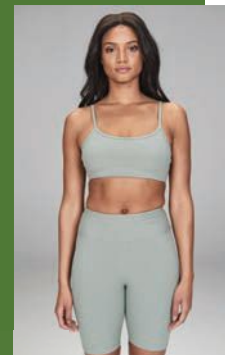
Noli Yoga Gl Jane Leggings, \$94, matching Aria Bra, \$50. Both available at Glimpse.

## THE MAGNIFICENT RETURN OF BIKE SHORTS

Bike shorts. They're back. If you're looking for a trendy way to keep your cool at the gym, consider cycling back to this late '80s / '90s trend.

### THE SOLID

Ease into the look with a solid set, like this one from **Year Of Ours**. Top, \$60, Shorts, \$70. Yearofours.com.



### THE STANDOUT

It's OK to shimmer when you're doing squats. Go ahead, try it in this **Beach Riot** crystal set. \$79. Beachriot.com.





*A glimpse into the lifestyle...*



Berkshire Hathaway HomeServices EWM Realty brings you inside the world of ultra-luxury by immersing you in the story behind the conception, design, and the lifestyle offered by some of South Florida's most spectacular residences.

We invite you to take a glimpse into the ultra-high-end lifestyle at 23 Tahiti Beach Island Road in Coral Gables. Stay tuned for future stories about some of the finest South Florida residences represented by Berkshire Hathaway HomeServices EWM Realty.

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5002sw86street.com

**FLAWLESS ESTATE IN PRESTIGIOUS PONCE/DAVIS AREA**

Exquisitely detailed builder's acre home on quietest street in Ponce/Davis. 6BR, 7.5BA, grand spaces & meticulous details. Pecky cypress ceilings outside, full house generator, detailed molding, gated entry, lovely pool & yard, firepit & 3-car gar.

**ADDRESS** 5002 SW 86 Street, Ponce/Davis

**OFFERED AT** \$3,999,000

Ashley Cusack 305.798.8685

AshleyCusack.com



3845Wood.com

Exquisite 4/4.5 on 14,806 SF lot in Ye Little Wood. Perfectly updated, new 1st floor master, designer kit. Special guest house.

**ADDRESS** 3845 Wood Avenue, Coral Gables

**OFFERED AT** \$2,165,000

Ashley Cusack 305.798.8685

Barbara Merkle 305.281.5093



2260overbrook.com

Charming & beautifully updated 4/3 with open kit, formal liv & din rms, wood floors, lots of natural light, impact. Pool.

**ADDRESS** 2260 Overbrook Street, North Coconut Grove

**OFFERED AT** \$1,200,000

Ashley Cusack 305.798.8685

AshleyCusack.com



**TIMELESS BEAUTY – HISTORIC 1925 CORAL GABLES LANDMARK**

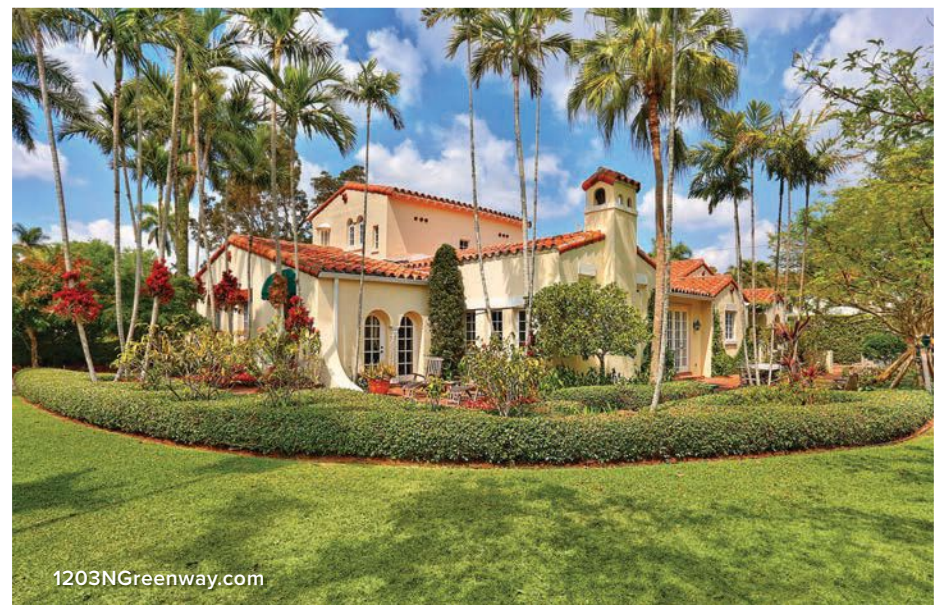
Elegantly restored Mediterranean Revival 6/6 on 16,500 SF corner lot – originally commissioned by George Merrick. Eat-in kit, fireplace, wd flrs, lux master. Pool, impact windows/drs.

**ADDRESS** 2817 Columbus Boulevard, Coral Gables

**OFFERED AT** \$1,700,000

Vivian Serralta 305.772.7717

VivianSerraltaTeam.com



1203NGreenway.com

**LANDMARK HOME FACING GRANADA GOLF COURSE**

Stunning 1923 Old Spanish 5/4 + den on walled & gated 16,079 SF corner lot. Gorgeous details: working frplce, vaulted ceilings, updated kit & fam rm, gracious master – elegant updated bath.

**ADDRESS** 1203 North Greenway Drive, Coral Gables

**OFFERED AT** \$1,995,000

Ashley Cusack 305.798.8685

AshleyCusack.com



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***ewm.com***

ALHAMBRA AVENTURA BRICKELL COCONUT GROVE CORAL GABLES-SOUTH MIAMI KEY BISCAYNE  
LAS OLAS MIAMI BEACH SOUTH BEACH PINECREST-PALMETTO BAY



629Santander.com

Superbly finished sleek 3/3.5 townhome, built 2016, large courtyard, magnificent master. Summer kit, elevator, 2-car gar.

**ADDRESS** 629 Santander Avenue, TH7 | Coral Gables  
**OFFERED AT** \$1,299,000 Ashley Cusack 305.798.8685  
AshleyCusack.com



6808SanVicente.com

Wonderful S Gables 3/3. Lovingly maintained – great bones! Formal liv & din rms, lrg fam rm, fab details. 1st Floor master.

**ADDRESS** 6808 San Vicente Street, Coral Gables  
**OFFERED AT** \$799,000 Ashley Cusack 305.798.8685  
AshleyCusack.com



11401sw69avenue.com

**EXQUISITE PINECREST HOME ON BEAUTIFUL TREE-LINED STREET**

Enchanting 5BR/4.5BA – 5,997 total SF on lush 33,105 SF lot. Extensive renovations, gorgeous open kitchen, breakfast banquette, bright family room, formal DR, formal LR with fireplace. Spectacular layout: lux master + 1 bdrm up, 3 bdrms down. 2-Car gar.

**ADDRESS** 11401 SW 69 Avenue, Pinecrest  
**OFFERED AT** \$2,350,000 Ashley Cusack 305.798.8685  
AshleyCusack.com



6100sw128street.com

**ABSOLUTELY STUNNING – SUPERB UPDATES – MODERN FEEL**

Beautiful 5/4.5 with 5,369 Total SF on lush, private builder's acre. Great entertaining spaces, gorgeous island kit, Italian porcelain flrs, impact windows/drs. Amazing pool & patio, 2-car gar.

**ADDRESS** 6100 SW 128 Street, Pinecrest  
**OFFERED AT** \$1,995,000 Ashley Cusack 305.798.8685  
AshleyCusack.com



2710Columbus.com

**OLD SPANISH BEAUTY – 1920'S CHARM + TODAY'S AMENITIES**

Completely renovated 5/4.5. 4,686 SF on walled & gated 16,700 SF lot. Fine details, frml LR with fireplace, frml DR, gas kit. Gracious master with sitting rm. Impact windows/drs. Gorgeous pool.

**ADDRESS** 2710 Columbus Boulevard, Coral Gables  
**OFFERED AT** \$2,350,000 Ashley Cusack 305.798.8685  
AshleyCusack.com





BayHouseCoconutGrove.com

**OPULENT WATERFRONT LIVING – ‘BAY HOUSE’ COCONUT GROVE**

Epic views of Biscayne Bay from nearly every room, magnificent interior & exterior spaces for world-class entertaining & art collecting, 71' waterfront. 4BR + bayfront gym/5th bedroom, 5 full + 3 half baths, theater, 8,618 ASF, 13,774 SF Lot

ADDRESS 1910 South Bayshore Lane, Coconut Grove

OFFERED AT \$10,500,000

Vanessa Kayes 305.301.9297

Gisela Cacciamani 305.733.0795 | Val Byrne 305.323.6231



7830sw48.com

Elegant 4/4 on no-thru street. Grand spaces, library, divine master. Elevator, travertine flrs, courtyards, terrace. Sunset Elementary

ADDRESS 7830 SW 48 Court, Ponce/Davis

OFFERED AT \$1,569,000

Val Byrne 305.323.6231

MiamiRealEstateWorks.com



Spacious 5/3.5 on cul-de-sac in guard-gated Pinecrest & Gables by the Sea. 4,000+ SF living area on 16,000+ SF elevated lot.

ADDRESS 5804 SW 131 Terrace, Pinecrest

OFFERED AT \$1,185,000

Nancy Sanabria 305.785.4491

SanabriaTeam.com



Gables By The Sea

**BOATER'S PARADISE – 100' DIRECT OCEAN ACCESS – NO BRIDGES TO BAY**

Breathtaking open water views of Biscayne Bay from 4,200 SF elevated 4/3 contemporary with soaring ceilings & abundant natural light. Heated pool, 2-car garage + bonus area.

ADDRESS 970 San Pedro Avenue, Coral Gables

OFFERED AT \$3,090,000

Nancy Sanabria 305.785.4491

SanabriaTeam.com



**MAGNIFICENT MODERN PRE-CONSTRUCTION ESTATE IN PONCE-DAVIS**

Elegant 2-story 5/5.5 on quarter acre corner lot with 6,147 adjusted SF of the finest details including impact glass, volume ceilings, summer kitchen & heated/saline pool.

ADDRESS 5021 SW 80 Street, Ponce/Davis

OFFERED AT \$3,280,000

Nancy Sanabria 305.785.4491

SanabriaTeam.com



DISCOVER SOUTH FLORIDA REAL ESTATE  
***ewm.com***

ALHAMBRA AVENTURA BRICKELL COCONUT GROVE CORAL GABLES-SOUTH MIAMI KEY BISCAYNE  
LAS OLAS MIAMI BEACH SOUTH BEACH PINECREST-PALMETTO BAY



New gorgeous modern home elevated way above flood level.  
4/4.5 with 4,054 SF on 9,750 SF lot. Heated pool, 2-car gar.

**ADDRESS** 119 E 2nd Court, Hibiscus Island | Miami Beach  
**OFFERED AT** \$3,790,000      David Solomon 305.542.1131  
DavidHuntSolomon.com



**GATED NEW WATERFRONT CLASSIC BY TODD MICHAEL GLASER – 209' PRIME WATERFRONT**

10,715 Total SF on 26,380 SF lot. 8BR, 8 full baths + 3 half baths. Copper seam roof, Florida keystone facade, formal dining, gourmet kitchen, 3 fireplaces, gym with sauna & massage room. Private dock, heated pool, outdoor BBQ, 4-car garage,

**ADDRESS** 6650 Allison Road, Allison Island | Miami Beach      David Solomon 305.542.1131  
**OFFERED AT** \$19,950,000      Esther Percal 305.674.4022



Beautiful tropical modern 4/4.5 with 3,678 SF on lush 9,200 SF lot. Open layout, inviting pool & deck – perfect for entertaining.

**ADDRESS** 4366 N Michigan Avenue | Miami Beach  
**OFFERED AT** \$2,599,999      David Solomon 305.542.1131  
DavidHuntSolomon.com



**MASTERFULLY RESTORED NORTH BAY ROAD GEM**

Fully renovated historic Carlos Schoepl villa, stunning water & downtown views. 6,962 Total SF on 12,759 SF lot, 79.25' on water. 5BR, 7BA, 2-car gar, pool, spa. Outdoor kitchen.

**ADDRESS** 5410 North Bay Road, Miami Beach      David Solomon 305.542.1131  
**OFFERED AT** \$11,790,000      DavidHuntSolomon.com



**CHIC & STYLISH NEW RENOVATION – CONTEMPORARY FINISHES**

Completely reimagined chic + stylish Pine Tree Drive pool home offers contemporary finishes, designer kitchen & soaring 15' ceilings. Lrg master w/ balcony. 4 Beds, 4 Full Baths + 2 Half Baths.

**ADDRESS** 5600 Pine Tree Drive, Miami Beach      Nancy Batchelor 305.903.2850  
**OFFERED AT** \$2,750,000      Nesti Mendoza 917.405.5028



# the local PHILANTHROPY

By Stephanie Sayfie Aagaard



"Tennis shoes." Floyd Raglin

"Indianapolis Colts hat." Jawan Strader



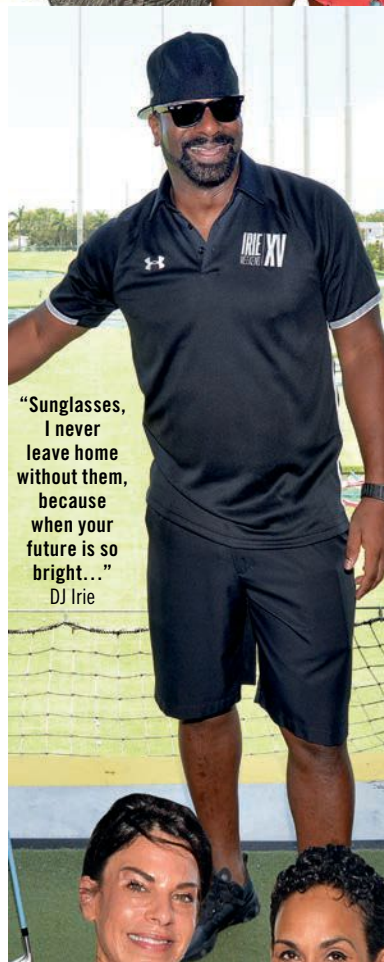
"Earphones." Chris Smith

"A tank top." Angelica Arosemena



"Blue and white headband." Gale Vincent, Jr.

"An elbow arm band like Michael Jordan." Gale Vincent



"Sunglasses, I never leave home without them, because when your future is so bright..." DJ Irie



"Pony tail holder." Kelly Blanco

"Visor." Talia Mereles



"White sneakers." Tayo Otiti

"Fabulous shoes with color and bling." Beau Beasley

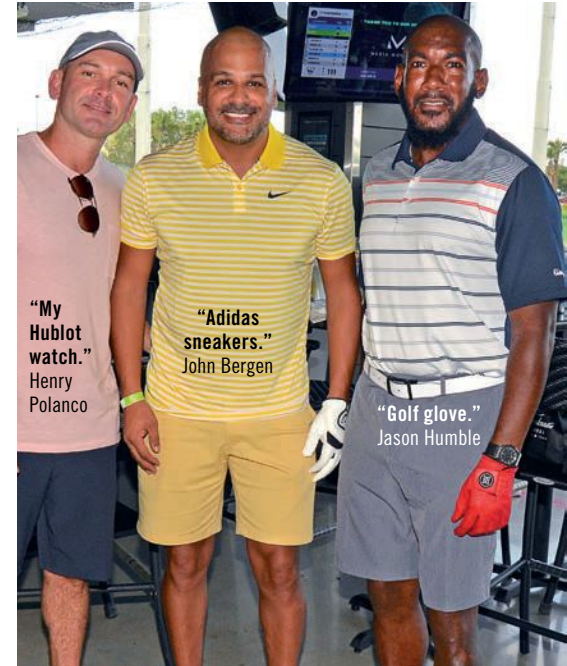


"Hoodie." Frances Haddock

"Headband." Beth Silverberg



"Diamond tennis bracelet." Jilian Sanz



"My Hublot watch." Henry Polanco

"Adidas sneakers." John Bergen

"Golf glove." Jason Humble

South Florida luminaries headed to TopGolf to help DJ Irie hit a hole-in-one for charity. INDULGE hit the faux green to ask guests...

## What is your favorite sporty fashion accessory?

**WHAT:** DJ to three-time NBA Champs Miami HEAT, Irie turned it up another notch as he teed off for charity at his Celebrity Golf Tournament in Miami Gardens.

**WHO:** Super star DJ and philanthropist Irie hosted a star-studded line-up of celebrities including Dancing with the Stars Sharna Burgess, record producer and musician Kevin Rudolf, NFL Hall of Famer Warren Sapp, football stars Jonathan Vilma, Fred Taylor, OJ McDuffie, and Jevon Kearse, basketball stars Larry Johnson and Rashad McCants, musical artist Trap Beckham, NBC 6's Jawan Strader, Kelly Blanco and Johnny Archer at his golf tourney.

**WHERE:** Topgolf, the multi-level entertainment complex featuring a high-tech golf game, served as the venue of choice where golfers hit their golf balls (which contain microchips) for a good cause.

**WHY:** To raise funds for IRIE Foundation and Big Brothers Big Sisters.

PHOTOGRAPHY BY MANNY HERNANDEZ



# Keeping The Faith and Providing Hope For Our Bahamian Students



**KHALIL DEAN**  
Nassau  
Freshman, Nursing & Biology

“Some members of my family lost everything, so everything goes to helping them recover. Now I face having to stop my education.”



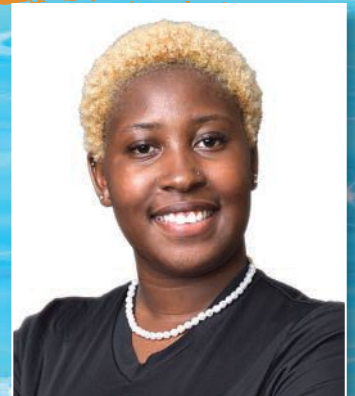
**RICKELL JOHNSON**  
Nassau  
Sophomore, Engineering

“As V.P. of FMU’s Bahamian Connection Organization, it’s been difficult to find balance while my family is recovering.”



**KENIQUA RECKLEY**  
Grand Bahamas  
Senior, Marketing

“The majority of my family and friends are in Freeport and lost everything. Finances are scarce. I’m just not sure if I will finish my last semester.”



**BREA ROLLE**  
Grand Bahamas  
Senior, Psychology

“Because my family lost their home, I don’t have funds to complete my last semester.”

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Fabrics and bold details from different fashion eras are available, many purchased by Isa Baez herself and perfect for movie, T.V. or music tour costumes.



# CLOTHED IN *Couture*

Isa Couture Fabrics carries gorgeous one-of-a-kind designer textiles, but it's the clan of cloth connoisseurs who have longtime customers coming back decade after decade.

It all started with a story Miamians know very well. As Fidel Castro nationalized Cuban businesses in 1960, many fled. Isa Baez and husband Fernando immigrated to Miami in 1961 with her 9-year-old daughter, Mayra. Baez's American dream was to open a fabric store — but she didn't know English, had no money and no real knowledge of fabric. Nonetheless, with her love for beautiful textiles she invested \$40 in a few cloth samples and started selling them door-to-door.

A year later, she opened her first Isa Couture Fabrics store on Biscayne Boulevard. Baez traveled several times a year across the pond to handpick only the finest European fabrics and accessories, a collection she fashioned into a luxury fabric empire that continues to be a Miami staple now after more than 50 years.

## WEAVING A BRAND

In 1981, Isa's only grandson, Jason Castro, was born. From the start they shared a special bond that included his own private office at the store where he would spend weekends riding his bike down the halls, zigzagging in between the kaleidoscope of fabric bolts.

"A small piece of me as a kid saw me taking over the store one day," said Castro. "Then my grandfather, before he passed, asked me to take care of the store for him and I always remember that."

But it was Jackie, Castro's wife, who really pushed for the business to stay within the family once Baez, who recently passed away at 88 years old, was ready to retire and sell the store.

"I saw this as a family business where I could one day bring our kids here," she said. "It made sense for us to take over."

So two years ago, the young couple acquired the store located in the heart of Wynwood, which Baez had relocated to thirty-three years ago and where instead of donut shops and breweries the only thing there was the Chiquita banana factory. Jackie, a former attorney and nonprofit worker, resigned from her full-time job to become the managing partner of the store while Castro, the self-proclaimed silent partner, continues with his post as a controller in the wireless communication industry.

The duo has expanded Baez's elegant fabric vision by carving out a rebranding strategy that includes remodeling the exterior, partnering with a local designer for in-house custom design services and reorganizing the 10,000 rolls of fabric and the selection of 4,000 types of buttons they carry.

## AN ELEVATED EXPERIENCE

But there are some things that will never change at Isa Couture Fabrics. The original mother and daughter duo, Baez and Mayra, built lifelong relationships with both their employees and customers, who include celebrities, royalty and socialites from around the globe, and today they continue to embrace the store's loving atmosphere.

"I chat with each client that comes in" Jackie said. "Everyone gets a one-on-one experience, and I love spending those hours with them."





Clockwise from left: Thousands of intricate buttons are available to help create dreamy designs; Jackie and Jason Castro at the Wynwood boutique, where they are constantly expanding the types of fabrics they carry, including those by major fashion designers like Giorgio Armani (right) and Versace (below).



“I chat with each client that comes in. Everyone gets a one-on-one experience, and I love spending those hours with them.”



Another thing that the couple won't compromise is the quality of fabrics available. The store carries fabrics from designer houses like Versace, Armani and Valentino, in addition to textiles from a variety of fashion eras.

With the rise of fast fashion these days, one would think the fabric store would flounder. But instead, people are searching for unique, one-of-a-kind pieces and with such a variety of fabrics, which range from \$10 per yard to \$3,500 per yard, the store's in-house designer can create anything from a stylish men's suit or a beautiful custom blouse to the customary wedding dress or gala gown.

#### AN ERA OF STYLE

Excited for the future, Castro and Jackie, who recently welcomed their first baby, Ellie Rylie, are focused on welcoming a new generation of clients to the store and most importantly giving back to the community that has always supported them.

“I want us to be a part of the community and do good while continuing to build on my grandmother's legacy,” said Castro.

WORDS BY CHRISTIE GALEANO-DEMOTT / PHOTOGRAPHY BY FELIPE CUEVAS



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{RAINMAKER}

## Charlene Parsons

With an unwavering commitment to her students and a keen eye for talent, she has helped launch the careers of many as the Director of the Fashion Department at the Miami International University of Art & Design.





**M**annequins dressed in trendy, sleek and imaginative designs draw you in, but this isn't a Fifth Avenue luxury department store window. These glass displays are teeming with the creations of college students, lining the halls of the Miami International University of Art & Design (MIU).

Charlene Parsons, who oversees the largest department within the school, isn't a cold starchy administrator, but a proud mother, beaming with delight as she stops at each vignette to spotlight her students by name and talk about their stories.

"It's so rewarding seeing the students do what they do," she said. "Working side by side with them, it changes you."

Parsons' passion for fashion and for her undergrads is even more apparent inside her office. A gallery of illustrations, photographs and magazine clippings encircle her, paying tribute to current and past students' accolades.

#### RAISING THE BAR

Among her many successes, Parsons, who has been with the nonprofit university for 40 years, has fought to elevate the school within the academic and fashion worlds. Fully accredited since 1979, MIU most recently was bestowed the honor for the fourth year in a row of being named one of the best overall schools in the country for its undergrad fashion design program by the Business of Fashion's education council. MIU shared the spotlight with some of the most prestigious international fashion schools from Europe, Asia and North America.

Founded in 1965, MIU was previously called the International Fine Arts College and was located inside the Women's Club historic building just across the street from its current location on Biscayne Boulevard and the former site of the Omni International Mall. Today, the university is comprised of many students, with a large international population from South America and the Middle East.

Parsons is quick to point out that she couldn't do what she does without the prestigious professors and their dedication to the students. MIU's fashion department boasts teachers from all facets of the industry from merchandising to design to styling who hold posts at designer labels, own their own fashion lines or have years of retail experience.

All that knowledge weaved into the talent that the students embody has created countless successful alumni including internationally celebrated fashion designers like Gustavo Cadile and Julian Chang, stylists like Danny Santiago, costume designers for Oscar-winning movies like Fernando Rodriguez, nonprofit founders like Rachel Russell, founder of Style Saves, and many others. And it's thanks to Parsons' love and enthusiasm for her students that many graduates are happy to return to their alma mater to give back, volunteer and even teach.

#### LEADING THE FASHION PACK

Parsons, who was once on track to become a dental hygienist, started her career in fashion as a model and has been married to Van, her high school sweetheart for 50 years. When he was recruited to play football for the University of Miami, they moved down together from their hometown in Maryland.

Having been in Miami since 1964, Parsons has lived through the city's many fashion evolutions. She reminisces about Bal Harbour Shops, at one time the only place to find high-end retail in Miami compared to today where MIU is surrounded by the world's finest designer shops.

"We're so lucky to have the top designers here in Miami and who are so generous to us," she said.

Part of the curriculum Parsons created gives students a taste of the "real world" through internships and partnerships with prominent brands like Perry Ellis, Saks Fifth Avenue and Miami Swim Week.

For someone who never sewed or sketched, Parsons has made an indelible mark on the fashion industry locally and abroad by sharing her wisdom, experience and at times tough love with each new generation of textile tyros.

"I've always dedicated myself to what I believe in and that's my students," she said with a tender smile. "I'll fight for them," she adds, in true motherly fashion.

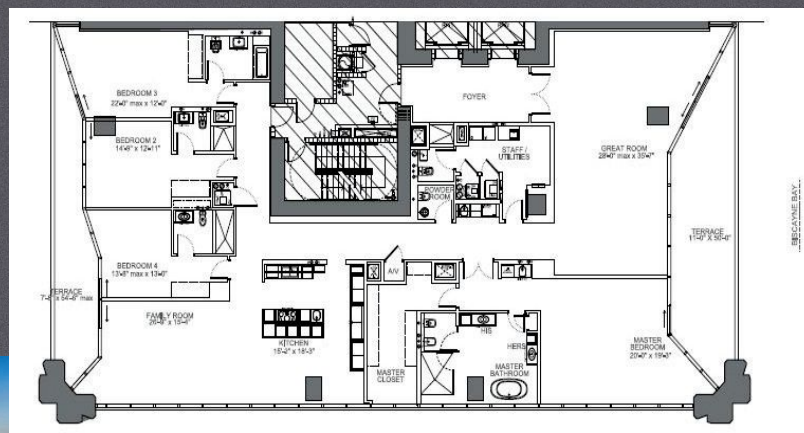
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{DIVA}

# Aymeé Nuviola

The singer-songwriter has settled her claim as one of Miami's leading creatives, whether talking fashion, immersive theater or her take on Cuban music.

**A**ymeé Nuviola makes her entrance through the bar of the breathtaking northeast Miami home where The Amparo Experience is set, and her energy is palpable. The Cuban artist plays the part of a special guest in the immersive theater hit written by Vanessa Garcia, directed by Victoria Collado and produced by the Broadway Factor about the Arechabala family, founders of The Real HAVANA CLUB rum. She is all charm as she crosses the hall singing a captivating son. "I feel blessed to have been a part of this project, singing to a loving audience participating in a unique experience," she says with a wide smile.

## A MUSICAL JOURNEY

"Though at first everything was difficult, I couldn't be more grateful for this town and its people, who welcomed me and took me in with open arms." After a brief stint in Mexico, La Sonera del Mundo (the world's queen of son) firmly planted herself in the Magic City in 2003. "We arrived in Miami with a dream to establish and develop an international presence," she says.

Nuviola was first discovered in her native Cuba as one half of a widely popular duo with her sister Lourdes. Having always felt the need to return to her roots as a singer, her most recent release, *A Journey Through Cuban Music*, is that ode to her heritage.

"With this album we wanted to approach Cuban rhythms a little differently," she says. "We are thrilled with the response from the media and, above all, from our fans."

In 2018, Nuviola won a Latin Grammy for Best Tropical Fusion Album for her previous release *Como Anillo al Dedo* after having received a Grammy nomination for 2015's *First Class to Havana*. She was also ranked among the 25 most influential figures in Miami by the *New Times* in 2014, and was the first Afro-Latina to have her image and music highlighted by Spotify for Black History Month.

## A DIFFERENT SOUND

Now, the songstress returns with a stellar release that distinguishes her work from everything else out there.

The new material has coalesced into an elegant, sophisticated tribute to the sounds of her homeland. With it, she treats an international audience to a tantalizing array of musical collaborations that keep the album somewhere between the traditional and the new.

Omara Portuondo, a key figure in the Buena Vista Social Club and an esteemed elder diva in the Cuban music scene, along with famed jazz pianists Gonzalo Rubalcaba and Chucho Valdés are among the many figures who appear on Nuviola's latest effort. Their contributions help set the stage for an unforgettable listening experience.

"They are all giants, and it was a real challenge trying to find my way into each song and the role I had to play," Nuviola confesses.

But with her expressive voice and gift for improvisation, she boldly displays her own versatility and solid musical foundation throughout, nimbly moving from a melancholy ballad to an infectious son groove.

An unconditional lover of Brazilian music and jazz, Nuviola is perfectly aware that she is a quintessentially romantic artist. "My muse is strongest and most vivid when I think of love."

## A COLORFUL OUTLOOK

Nuviola, who has cultivated a persona based on her own personality and work, tends to wear wide, flowing outfits to her shows, made of gauzy materials that allow her to move and dance with abandon. "I love fashion, for function and aesthetic value," she says. "I think simplicity goes hand in hand with elegance, and when you are being true to yourself, you look confident and that shines through no matter what you wear. I appreciate the energy that bids me to dress in those colors that represent Miami, the Caribbean and the tropics, and I like finishing my look with accessories."

Having played the starring role in Telemundo's *Celia* — a popular series that depicted the Cuban icon Celia Cruz's life — Nuviola has not ruled out a return to acting. "It's a really exciting world to me," she says.

WORDS BY CARLOS MARTÍN / PHOTOGRAPHY BY NICK GARCIA

DRESS: KEIDY AMAYA / @KEIDYAMAYA23; ACCESSORIES: ELIANA RANGEL MUÑOZ / @ACCESORIOS; SIEMPRE, BELLAS; MAKE-UP: PAOLA GUANICHE







{PRODUCER}

# John Martinez



To forge his singular career in fashion, he had to listen to a lot of wisdom to end up playing so many roles.

To hear John Martinez tell it, getting a photoshoot up and running is like managing a three-ring circus. The sought-after fashion producer, fashion editor, casting director and stylist has just come off the set of a Perry Ellis menswear shoot, and the caffeine is in his delivery. “These days we also have to shoot video,” he says, “so it’s three sets going all at the same time. I’m used to doing this for the client, but it’s definitely a lot of work. I wear a lot of hats.” That’s an understatement.

## ALL PATHS LEAD TO FASHION

Martinez was born in Cali, Colombia, and made his name in Miami and New York after studying at the International Fine Arts College, but it was not style or clothing that initially brought him to the U.S. For that, he credits his stroke: Martinez and his family were able to settle in Fort Lauderdale based on his swimming prowess — and a well-timed scholarship.

Still, it was the creative world that beckoned him from the pool, and with his family and a professor who saw his talent guiding him away from being a starving artist and toward a more commercial path, Martinez was on his way. He won another scholarship — this time, to study fashion; another award, from a prestigious couture association in Paris, soon followed. “I think it was written in the stars for me to be in this field,” he says.

Again, it was a mentor who altered the trajectory of Martinez’s career. All signs pointed to a life as a fashion designer, but school connections led him to the office of a fashion editor at the *Washington Post*. And that editor needed an assistant. “John,” she said, “I think you will love it. Why don’t you think about it?”

This is when Martinez started learning about clients, the importance of ensuring everything that he did — and does — looks like the client’s vision rather than his own. He counts Saks Fifth Avenue, for example, as a major client. “It’s my party,” he says, “but at the same time, it isn’t.”

## MIGHTY MENTORS

Martinez made his bones at Oscar de la Renta under the tutelage of Jack Alexander, the company’s celebrated VP. When Alexander retired, Martinez took over his role, which put him on a unique path to being his own boss with his own firm.

When Martinez recounts his story, a key thread emerges: he was noticed by people who were in a position to offer him sound advice — and he had the temperament and openness to listen. The mentors multiplied.

Thus the creative talent so closely identified with Miami Swim Week assumed his perch in his own special way — by strokes, stitches and a talent for knowing which wings to land under.

WORDS BY DREW LIMSKY / PHOTOGRAPHY BY NICK GARCIA



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## Who lives at Vi at Aventura?

---

- (A) Yogis
  - (B) Foodies
  - (C) Art devotees
  - (D) All of the above
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{DESIGNER}  
Mayda  
Cisneros

The high priestess of Miami's best dressed leads an inspired life in the constant pursuit of timeless elegance.

Whether it's for her custom silk kimonos, party-ready cocktail dresses, exquisitely embroidered gowns, or the perfect day suit, Miami's best-dressed A-listers have fashion designer Mayda Cisneros on speed dial. Known for her classic and feminine designs that make women feel beautifully put together, her couture gowns regularly crown the gala season's stylish dress code.

Her eponymous boutique is a sophisticated, light-filled "intimate studio" in Coral Gables, adorned with large mirrors, racks of dreamy dresses in primary hues, and glass sculptures by her husband, Terje Lundaas, a glass artist from Norway. Through a doorway, the scene changes to a workshop where her team is busy on the sewing machines, pleating a ball gown or carefully applying lace to a silk fabric. Production suddenly stops for a Cuban *cafecito*. Like Mayda, the atmosphere is creative, warm and friendly.

#### EMPOWERING STYLE

As a self-proclaimed "fashion therapist", the first step in her designing process is genuinely listening to her customers to discover what empowers them to feel beautiful. "I don't just do perfect clients," says Mayda. "When you get someone who is not at the right weight, it's a challenge to make her feel good and to choose the right look that will fit correctly. I have one shot to make her look great."

Many of her loyal followers are professional women who need more polished daywear looks. "We do quality classics, timeless pieces in great fabrics that last forever. It can be a beautiful top and pair of pants for a speaking engagement, or an entire wardrobe. It's important they feel comfortable and confident about themselves."

#### FASHIONABLE BEGINNINGS

Born in Camagüey, Cuba, Mayda exiled with her family to Miami in 1960. Having beautiful clothes made by a seamstress was a long-held tradition of stylish Cuban women, but now they couldn't afford that. "Although my mother was an accountant by trade, at night she would sew us dresses from fabric remnants, allowing us to choose how they would look," remembers Cisneros. She credits her mom for inspiring her early love of fashion.

After graduating from the University of Miami with a degree in psychology, she moved to New York, and did fashion styling, producing covers for magazines such as *Vanidades* and *Cosmopolitan*. One day, serendipity struck when a buyer for the now defunct department store, Henri Bendel, admired a tie-dye, chiffon wrap blouse she was wearing at an event. After learning Mayda had made it, she invited her to the store's Open-See Friday, the day slated for discovering young indie designers for their New York store. "I sat there waiting with about 100 people. She saw my blouse and said, 'OK, make me 12 of these,' and I thought, oh my God, I don't even know how to make that many." She hired a seamstress to complete the order and determined to learn the craft of design and construction, enrolled in the French Fashion Academy.

Next came a mini collection based on Liberty of London prints she sold to Bloomingdale's. They admired her designs so much she got her own store window. Soon, Mayda was successfully selling under her brand name Ola to more stores such as Bergdoff Goodman, Barneys, Harrods of London and Ann Taylor.

Eventually she moved back to Miami to be close to family, trading the department stores for private clients. Today, she travels to Paris twice a year to buy fabrics for her couture collections. "I also do a lot of fabric manipulation, such as embellishing them with beading, lace or flowers, or doing things that will turn them into something else. Now I am on a pleating kick," laughs Mayda. For her next collection, fans can expect lavish pink pastels, more pleating, and a combination of metallics in silver and gold with jewel tones. Glamour, no holds barred.

WORDS BY SARA FIFI CASTANY / PHOTOGRAPHY BY NICK GARCIA



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{ENTREPRENEURS}

# Natalie Eilemberg, Valerie Schwarzkopf & Anna Shirazi

If you have nothing to wear to your next soiree — your solution lies with these three women and their local luxury clothing and accessory rental hotspot.

**N**atalie Eilemberg, Valerie Schwarzkopf and Anna Shirazi are best friends who individually amassed wardrobes in their fast-paced, jet set, mom, wife and girlfriend lives. These three fashion-forward women joined forces to build what Schwarzkopf describes as “high-end couture that is just a rental away.” All frills aside, that is exactly what it is. “The method to our madness was based upon an unspoken principle that many of us fashionable women understand. It is not always realistic, nor feasible to spend thousands of dollars on a brand-new designer item that is just to be worn once, because of social media” says Shirazi.

Three years back, the three friends opened a very small, “word-of-mouth” shop on Bay Harbor Islands. Shirazi explains, “When this journey began, we used our very own high-end label items and purchased garments from our inner-circle of friends. Combining their designer cocktail dresses, gowns, ski wear and handbags with ours, we launched a white glove service in

the rental clothing space that never existed before.” Needless to say, in 2018, they expanded their shop and upped their inventory for their ever-growing client base who pops in or orders online to rent the utmost chic garb for galas, ski trips, dinner parties, weddings, and beyond.

#### LADIES WHO LUXE

The interiors of the elegant store, located on Kane Concourse, were designed by the trio — an initiative led by Schwarzkopf. “We styled the space our way, because we felt nobody could execute our vision, a parallel of feminine, chic, yet welcoming and comfortable,” she explains. Then, as so many new businesses hope to do, they grew — fast. “When we realized that the demand for our services had grown at such a rapid rate, we knew an expansion would be imminent,” says Eilemberg, “so we took over a large space that was one block west of the Ocean Cadillac dealership. Now, when customers visit, they have scores of fantasy garments and accessories from labels like Celine, Christian Dior, Gucci, Jean Paul



Clockwise: Natalie Eilemberg, Valerie Schwarzkopf and Anna Shirazi.

Gaultier, Johanna Ortiz, Giambattista Valli, Givenchy and Valentino, to choose from.”

#### INTERNATIONAL LOVE GONE LOCAL

Was it destiny? We think so. Eilemberg, whose roots are Colombian, and Schwarzkopf, born in Quito, connected in 2001. The two were studying abroad separately but both on a program with their alma mater, the University of Miami. On what is described by Eilemberg as “a good day,” they crossed paths on an architecture tour and never left each other’s side. Some time later, Eilemberg was with children at the Golden Beach playground and noticed them playing with another group of kids. She

struck up conversation with their mother, Anna, who was born in Kazakhstan and also resided in the neighborhood. Another forever friendship was formed. At that point, the three ladies were introduced by Natalie. “The moment we merged minds, we decided to shift our lives from being wives and stay-at-home-mothers to opening what has become a thriving clothing rental concept based upon a belief that all women should feel beautiful because they deserve it,” says Eilemberg. “We saw a gap in the market and wanted to give these already worn dresses — and our customers — a new life.”

WORDS BY ERIN MICHELL NEWBERG / PHOTOGRAPHY BY NICK GARCIA



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{DISH}  
HEADS OF THE  
BOARD

Brimming over with fine meats and cheeses, charcuterie boards have become a constant savory presence in menus all over Miami.

It's Friday night and you arrive to the party, a bottle of Barolo in hand. After exchanging hellos with the evening's hosts and maybe pouring yourself a glass of wine, you walk past a group of fellow guests, searching for a bit of a nosh before engaging in the expected small talk and niceties. Then you see it, displayed in the middle of a banquet table. Beautifully laid out with artfully curated portions of prosciutto, salami and mortadella, triangle-shaped slices of manchego and gouda, colorful cornichons, olives and fresh fruit: the charcuterie board is the night's pièce de résistance, attracting all who are present and tempting them to come back for more.

**CURED AND COLLECTED**

Here is the short version of a much longer story we like to call "a lesson in charcuterie": it all began as an ancient cooking preparation that involved a meat butcher (known in France as a charcutier), who salt-cured meats. Then the process evolved to brining and later to the creation of forcemeat, a mixture of ground proteins like pork, venison, rabbit, duck, poultry and fish like pike, emulsified with fat and sometimes with the addition of eggs and cream to create savory delights like sausages, pâtés, terrines, galantines, and roulades. Popular in France as well as in its Italian (salumi) and Spanish (charcutería) incarnations, a variety of options have made their way on to some of our favorite menus in South Florida. For this issue, we gathered the crème de la crème of boards in Miami, each to be enjoyed with a glass of rich Brunello or perhaps a crisp, chilled Albariño, but most importantly, with a party of friends.

**SILVERLAKE BISTRO**

A charming French-American bistro in the otherwise sleepy Normandy Isles is the talk of the town due to its absolutely delicious cuisine.

Silverlake Bistro serves a curated board of delectable items from all around the country.



the life



Clockwise from left: Ariete's Spanish morcilla; a unique mix of items at Yardbird; the well-rounded offering at Miami Smokers includes a mix of tasty cheeses; a side of baguette is suggested at Brasserie Central; warm slices of pita and homemade salami at Via Emilia Garden, a lavish display of craft meats at Salumeria 104.

Chef Benoit Rablat and Sandy Sanchez made their mark in the 305 at La Fresa Francesa. At Silverlake, the couple curates quite the aspirational board featuring items from all around the country like fragrant Soppressata, a garlic salami from Fra' Mani (Berkeley, CA) and Southern Smash, a spicy pork salami with peanuts and red wine from The Spotted Trotter (Atlanta, Ga.). Meats are thinly sliced (the appropriate way it should be served, according to traditionalists). 786-803-8113.

#### ARIETE

Chef Michael Beltran's country pâté is a rustic, classic preparation of mildly seasoned meats. The rabbit en croûte offers a golden pastry surrounding flavorful minced meat, served with contrasting cubes of beef tongue and bright green pistachios. A creamy chicken liver mousse in a mason jar is sealed with a marsala gelée to protect the liver from the greying and also gives added flavor to the scrumptious duck & foie pâté. But the most delectable charcuterie at Ariete is the warm Spanish morcilla. A dryer version than its South American counterparts, Beltran serves his dish without rice, and enhanced with ground hazelnuts and smoked maple flavors. [arietemiami.com](http://arietemiami.com).



#### BRASSERIE CENTRAL

Pascal Oudin is another chef that excels in the art of charcuterie making and with good reason — it's in his French genes! Since his days at the Grand Bay Hotel, his Garde-Manger kitchen produced stunning displays of terrines, pâté en croûte, headcheese, foie gras torchon and rillettes. Now, at his casual eatery in Merrick Park, he offers pâté de Campagne, rilette du mans (pork) and foie gras terrine. Italian prosciutto and rosette de Lyon — black pepper-covered French pork salami — are other savory selections to add to the boards, which can be accented with celery root remoulade, beet salad and Dijon mustard. [brasseriecentralmiami.com](http://brasseriecentralmiami.com).

#### YARDBIRD SOUTHERN TABLE

This Miami Beach landmark doesn't disappoint with its Southern-style board composed of artisanal options. This season, the always evolving selection will include Benton's Smoky Mountain Country Ham, house-made pimento cheese, foie gras and chicken liver parfait, turkey rillettes with pig ear and onion straws, house curried mustard, pickled cauliflower, okra, and roasted garlic rosemary focaccia toast. [runchickenrun.com](http://runchickenrun.com).

#### SALUMERIA 104

Angelo Masarin's popular trattoria with locations in Midtown and Coral Gables boasts a menu of fresh homemade pastas and regional Northern Italian specialties. The salumi includes the "no baloney" salami Soppressata from Columbus Craft Meats, an array of prosciuttos including Prosciutto di San Daniele del Friuli by Principe, the most fragrant, smooth and sweet



of all. Just added, Jamón Ibérico from Bellota Cinco Jotas, the royalty of Iberian Hams. [salumeria104.com](http://salumeria104.com).

#### MIAMI SMOKERS

At the two locations including the original Urban Smokehouse on 306 NW 27th Avenue, and the newest at Time Out Market Miami, owners James Bowers and Andres Barrientos serve their well-crafted charcuterie selections like a mildly sweet salami made with red wine and pepper, and the fan-favorite Saucisson Sec with its hearty consistency and nice garlic kick. But their rilette of pork butt is the best I've ever tasted. Creamy and emulsified with bacon fat, the dish is further enhanced with acidy lemon and orange peel to create something that spreads evenly and tastes



like heaven. [timeout.com/miami/restaurants](http://timeout.com/miami/restaurants).

#### VILLA EMILIA GARDEN

Located in Midtown, the sister restaurant of Miami Beach's neighborhood gem, Villa Emilia 9, is a bit more upscale and stylish, serving an almost identical menu by chef Wendy Caccitori and his wife Valentina Imbrenda. Their charcuterie board showcases delicacies imported from Italy, with the exception of the house salami that chef Wendy makes himself. Expect hefty portions of prosciutto di Parma (aged 24 months), prosciutto cotto (cooked ham) and mortadella from Italian brand Ferrarini. [viaemilia9.com](http://viaemilia9.com).

WORDS BY TERRY ZARIKIAN



PHOTOGRAPHY BY FELIPE CUEVAS (ARIETE, SILVERLAKE BISTRO, MIAMI SMOKERS)





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{RECIPE}

# Mojo rising

Miguel Massens' most requested dish might just have you reevaluating how you define "mojo."

WORDS BY ERIC BARTON / PHOTOGRAPHY BY FELIPE CUEVAS

**T**he fact that chef Miguel Massens comes from a family of Cubans makes the secret behind his popular mojo braised pork a bit of a scandal.

The recipe for the "mojo" used in his famously flavorful dish comes from his aunt, a Dominican.

Why would Massens, a proud Miami-raised chef, dare to mess with our beloved mojo?

"Not that it is better, but it's different, and this is my hidden agenda as a chef in Miami," Massens says. "I want to do my part to change the minds of people, to understand there are so many more possibilities."

## ON THE HORIZON

When we spoke to 33-year-old Massens in August, he was in his last week as a visiting chef in the demo kitchen at the Time Out Market Miami, where that Dominican mojo braised pork was a best seller (and despite Massens' modesty, one of the best things I've ever eaten). His next steps were far from certain; his much-anticipated restaurant still in limbo and a pop-up dinner series were only in the discussion stage. But if you taste his juicy, perfectly cooked and, yes, perfectly marinated pork, you'll see why so many people believe the next thing coming from him will be big.

## THE KITCHEN DIARIES

For Massens, the culinary industry always felt like a calling. But, at first, the industry rejected him. His polished interview suit and professional CV listing his education — undergrad at the University of Florida and a master's degree from FIU — were among the first signs that he knew

little about the restaurant business. He succeeded in talking his way in to a busboy job in 2010 at chef Daniel Boulud's flagship in New York. Later, after accepting a job as a line cook job at a sister Boulud restaurant, he used the experience to get a spot in 2013 at the famed French Laundry in Napa, where he says he got schooled in the art of perfection. In an effort to complete his training, he spent five months working salary-free at Michelin-starred kitchens in Spain.

He came back to Miami in 2016 and, within a year, landed what many in the industry would consider a dream gig: chef de cuisine at Three, working under Miami legend Norman Van Aken, who became his mentor.

"This is a man who quotes poetry and has 2,000 cookbooks in his home that he can cite from at any moment," Massens says. "If I called him and said, 'I want to do something with corn,' he'd print out a dozen recipes for me."

## THE NEXT RECIPES TO WRITE

Fast-forward to 2019. While his stint at Time Out ticked down, he continued plans for his restaurant. He'll call it Antilia, after a mythical Caribbean island. His idea is to tell a story about the New World, highlighting ingredients few know about, like the Mexican gnocchi called chochoyotes he has served in a yellow mole flavored with holly leaf. Where and when it will be is still unclear, but his narrative is quite plain.

"Food has this amazing capability to not only bring people together but to tell a story about those people, about their history," Massens says. "I have this detailed story I am ready to tell."



## DOMINICAN MOJO BRAISED PORK

SERVES 6

<b>INGREDIENTS</b>	<b>32 oz lime juice</b>	<b>2.5 oz kosher salt</b>	<b>1 tbsp. cider vinegar</b>
<b>6 pounds boneless pork butt</b>	<b>¾ red onion, cut into chunks</b>	<b>2.5 oz white sugar</b>	<b>1 smashed garlic clove</b>
<b>DOMINICAN MOJO</b>	<b>6 oz cachucha pepper</b>	<b>TAMARIND GLAZE</b>	<b>1 scallion sprig</b>
<b>2 oz dried oregano</b>	<b>2 oz culantro</b>	<b>4 oz seedless tamarind paste</b>	<b>½ brick piloncillo (Colombian brown sugar)</b>
<b>35 oz orange juice, with pulp</b>	<b>8 oz peeled garlic cloves</b>	<b>1 cup water</b>	

1. Toast oregano in a dry pan over medium heat, until it lightly smokes and becomes aromatic. Place oregano with the remaining mojo ingredients, except pork, and blend on high, leaving slightly chunky. Pour over pork and marinate 24 hours.
2. Bring marinated pork to room temperature, moving it to a Dutch oven and adding enough marinade to come halfway up the meat. Place on a burner over high temperature and bring to a boil. Cover the pot and cook in an oven at 375 degrees for 6 hours. Remove and allow pork to come to room temperature with lid off.
3. Put tamarind glaze ingredients in a covered pot over low heat, whisking occasionally until melted. Simmer 15 minutes and then pass through a strainer. Add water as necessary to achieve thick consistency.
4. Remove pork. Strain and reserve braising liquid and mojo chunks separately. Shred pork, removing sinew and excess fat, and season with salt and the strained mojo chunks to taste.
5. Press shredded pork in a rectangular pan and refrigerate overnight with a weight on top. The next day, while pork is still cold, cut into square shapes the size of a bread slice. Keep portions refrigerated.
6. Add pork fat to nonstick pan over medium-low heat. Sear pork and baste with hot pork fat until there is a crispy exterior with a warm center, adjusting heat as necessary.
7. Serve alongside plantain mash and braised kale, topped with tamarind sauce.









At Jaya at The Setai, a Rare Cask Old Fashioned is beautifully complemented by the Peking duck smoked with wood chips from Macallan casks.



{POUR}

# HIGH WHISK OPPORTUNITY

Cocktails are moving to the dark side, as brown whiskey-based spirits enjoy a revival.

WORDS BY ANGELA CARAWAY-CARLTON

**W**hile Miami may like its cocktails light and bright, saunter into one of our bars or restaurants these days, and you may notice grand presentations of smoking Old Fashioned cocktails, carts featuring deep amber-colored liquor zipping by tables, or even a gaggle of women sipping straight-up whiskey while noshing on caviar. Whiskey sales in North America are up — collecting rare editions of the spirit even took top billing in this year’s Knight Frank Wealth Report — and South Florida is joining the dark renaissance.

### WIDE WORLD OF WHISKEY

Demand for American bourbons is soaring, with longtime brands such as Beam Suntory touting stories like this year’s launch of Jim Beam Peach, a peach-flavored bourbon that’s expected to become the fastest-selling launch in their 224-year history. And, while America and Scotland are often first thought of when it comes to whiskey, Japan is quickly staking its claim on the bar thanks in part to the country’s oldest whisky distillery, Suntory. (Japan and Scotland drop the “e” in their spelling.) “Once Suntory’s

Yamazaki Sherry Cask 2013 was rated Whisky of the Year by Jim Murray’s Whisky Bible, there’s been a massive surge in popularity,” says Jules Gomez, beverage manager at Zuma Miami, where they offer more than 25 Japanese whiskies. “There are more than 20 distilleries scattered throughout Japan producing more expressions than I can count.” One of the most popular: Suntory Toki, a highball-friendly blended version that’s used in Zuma’s take on a Penicillin cocktail; the restaurant also offers decadent dessert pairings with lesser known Japanese producers.

Those looking for something truly unique, yet approachable, Legent bourbon (\$34.99) might be the new go-to. While first distilled and aged in the traditions of the Jim Beam family, it’s then aged in wine and sherry casks and undergoes a unique blending process by Shinji Fukuyo, Suntory’s award-winning Chief Blender for a spicy, sweet and smoky taste. “Legent has seen some good excitement in Miami because the bourbon is so versatile in classic, contemporary or reimagined cocktails,” says Tim Heuisler, Beam Suntory’s east coast bourbon ambassador.



**Jim Beam Peach** is expected to become the fastest-selling launch in their 224-year history.



**Suntory Whisky Toki** is a highball-friendly blend served at Zuma Miami.



**Legent bourbon** is aged in wine and sherry casks and blended for a spicy, sweet and smoky taste.

MICHAEL PISARRI (JAYA AT THE SETAI)





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**WHISKEY EXPERIENCES**

Drinking whiskey has become an immersive, and even luxurious, experience. Diners can cozy up in the Zen-like courtyard of Jaya at The Setai Miami Beach for a special tasting menu that centers around The Macallan, a revered single malt Scotch whiskey. Begin with delicate truffle dumplings, followed by Peking duck smoked with wood chips from Macallan casks that dramatically arrives in a smoking glass dome — complemented by a mahogany-red Rare Cask Old Fashioned cocktail boasting the same spices used in the duck dish. “Like wine pairings, it’s all about balance,” says Food and Beverage Director Julien Labays. “The duck shouldn’t be overpowered by the drink, and vice versa.” The dinner appropriately ends with Macallan-infused chocolate truffles. *\$150 per person.*



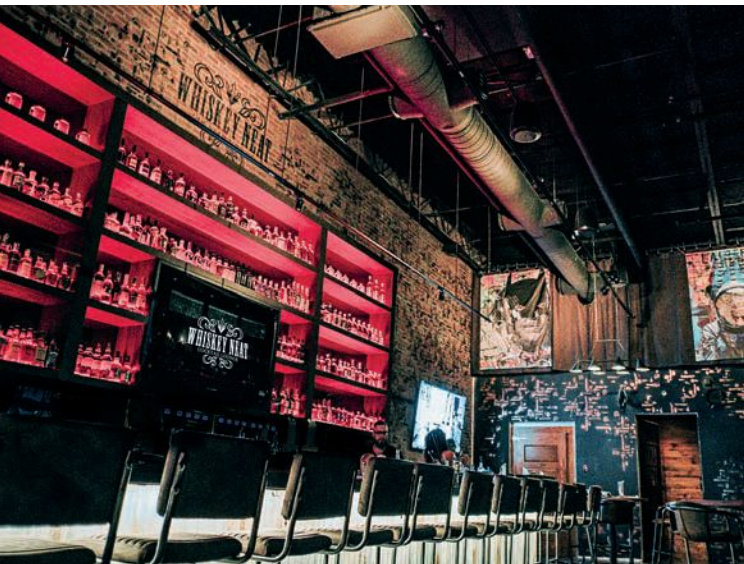
Bar Journe — the gleaming, glossy-looking bar at F.P. Journe — hosts monthly whiskey events geared toward female customers; craft cocktails, perfectly-paired bites and sexy interior design at Whiskey Neat; (corner left), an ode to the sharp-tongued television character, the Julia Sugarbaker cocktail at Root & Bone features honey, lavender and Wild Turkey bourbon.

At Root & Bone restaurant in South Miami, a whiskey cart rolls by after dinner for tableside pours of a wide variety of bourbons, Scotch and high-end pours of a 12-year Pappy Van Winkle for true connoisseurs. Swing by on Mondays for half-price bourbon paired with the restaurant’s coveted fried chicken, and every Wednesday, brown spirits are half-off from 4 p.m. to close. [rootnbone.com/miami](http://rootnbone.com/miami).

In Fort Lauderdale, a new cocktail lounge devoted to whiskey, appropriately named Whiskey Neat, offers more than 200 varieties of whiskey including rare bottles like WhistlePig The Boss Hog and Michter’s 10 Year Bourbon, along with liquor lockers for patrons to store their high-end whiskeys. [whiskeyneatbar.com](http://whiskeyneatbar.com).

**WOMEN AND WHISKEY**

On the last Wednesday of every month, Jennifer Massolo of The Liquid Projects fills the bar at Maison F.P.Journe, a luxury watch boutique that doubles as a bar, with women who want to learn more about whiskey. “We have this general assumption that whiskey equals men, and we’re changing that by empowering women with the knowledge to order a whiskey neat, or even buy a bottle for their home bar,” says Massolo, who leads ladies through a blind tasting of whiskeys from all over the world — anything from a high-proof George T. Stagg bourbon to a special finish like a Balvenie PortWood 21-year-old single malt. “It’s important that women try drinking unadulterated whiskey,” says Massolo. “To drink these aged spirits neat, trying them side by side, you pick up nuances that you would never pick up in a cocktail.” The spirits are often paired with caviar, fine cheeses, chocolates and sometimes a full-blown meal. [reservations@barjourne.com](mailto:reservations@barjourne.com).





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{NEIGHBORHOOD}

# MID BEACH

Technically, Mid Beach goes from 63rd Street down as far as 23rd, but everyone has their own idea of when the neighborhood ends and gives way to bustling South Beach. It's steeped in history, with famed architect Morris Lapidus designing his famed "Miami Modern" masterpieces, The Fontainebleau and Eden Roc hotels. Towering over the skyline are also Miami Beach's tallest buildings, the can't-be-missed Blue and Green Diamond condos. But even with all these soaring icons, Mid Beach possesses the identity of being where many locals live: Here, the traffic is smoother, parking is easier, beaches are calmer, and familiar faces abound.



**Marcelo Kingston,**  
managing partner  
at Multiplan Real  
Estate Asset  
Management.

## The Guide

Every day, work brings Marcelo Kingston to Mid Beach. The managing director at Multiplan Real Estate Asset Management says their biggest project is 57 Ocean on Millionaire's Row along Collins Avenue. Why this location? It's simple, according to Kingston: "Mid Beach, it's the gem and the jewel of Miami." Not only is it an established community, but it hasn't been overrun with infrastructure, letting it maintain its quaint but hip attitude.

## The one space fits all

"When I'm taking a client out, or going out for brunch with my family, I really like to go to **Cecconi's at Soho House**. I think the ambiance and the natural light, it's just phenomenal. Also, the Greek yogurt there is to die for." 4385 Collins Avenue, Miami Beach; 786-507-7902; [cecconismiami.com](http://cecconismiami.com).

## Eat by the ocean

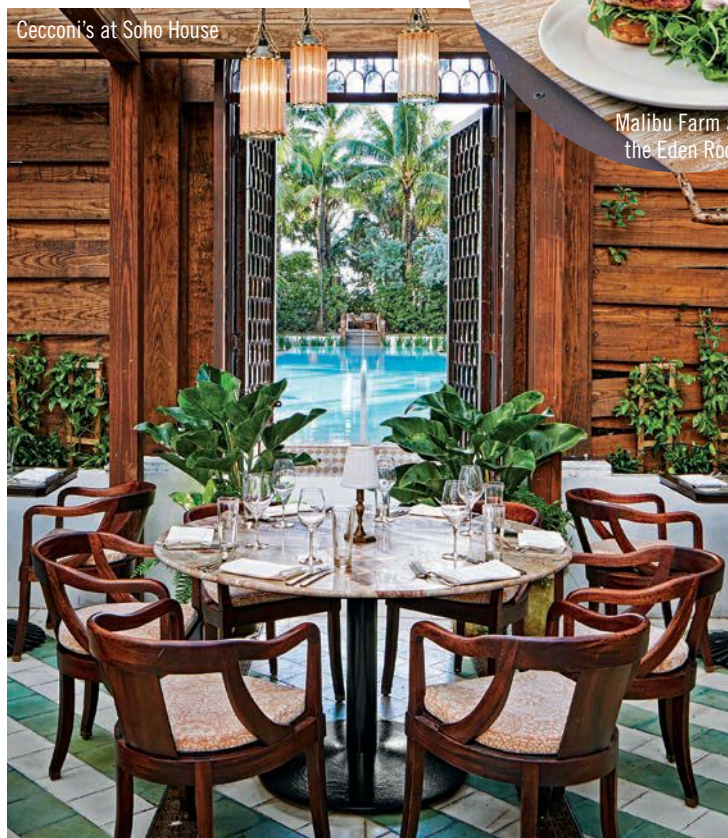
"In terms of an oceanfront setting where you can enjoy the breeze and at the same time eat organic, locally sourced foods, go to **Malibu Farm at the Eden Roc**." 4525 Collins Avenue, Miami Beach; 305-674-5579; [edenrochotelmiami.com](http://edenrochotelmiami.com).

"It hasn't been overrun with infrastructure, letting it maintain its quaint but hip attitude."



Cecconi's at Soho House

Malibu Farm at the Eden Roc



## A taste of Brazil

"I'm from Brazil and I go to **Little Brazil** for fast-casual Brazilian food. Brazil is very famous for its steak, the churrasco, and moqueca, which is also a very traditional dish. I also like to get guarana, which is my favorite soda since I was a kid." 6984 Collins Avenue, Miami Beach; 305-397-8215; [littlebrazilfl.com](http://littlebrazilfl.com).

## Hole-in-the-wall Japanese

"A more low-key restaurant on 71st Street is **Katana** restaurant. It's very small and the sushi comes in the floating boat. It's more relaxed and laid back, and it gets a nice crowd, too." 920 71st Street, Miami Beach; 305-864-0037.







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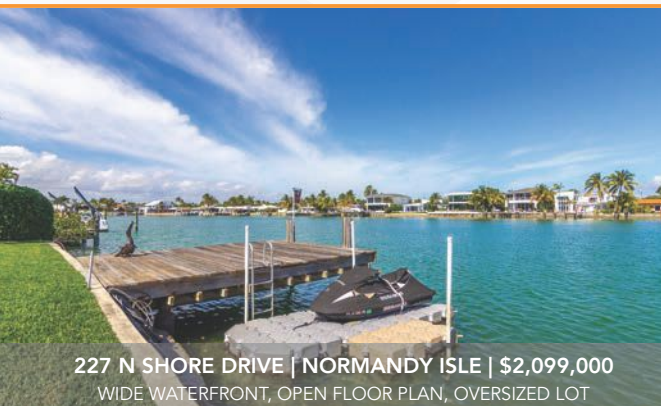
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### Where to meet for a cocktail

"I really like the **Broken Shaker** for more refreshing drinks, like gin and tonic. It's a little bit of everything within that place and they're very creative in their menu, bringing new things to the bar." 2727 Indian Creek Drive, Miami Beach; 305-531-2727; freehandhotels.com/miami/broken-shaker.

### Talking business over a drink

"When I'm in a more serious mood, I like **Matador Room** for a whiskey. It's a professional setting, and it's great for when I have clients, to have a whiskey single malt." 2901 Collins Avenue, Miami Beach; 786-257-4600; editionhotels.com.

### Enjoying the great outdoors

"I like to do kitesurfing; it's my hobby on the weekend. There's a great spot by **TKS Miami Watersports** on 76th Street to learn and launch your kite." 76th Street and Collins Avenue, Miami Beach; 305-397-8282; tksmiami.myshopify.com.

### Out on the boardwalk

"The **Miami Beach boardwalk** is incredible. It's the new expanded circuit that connects Mid Beach to South Beach. The dunes, the breeze, the sands — you get a pretty good sense of the community by strolling throughout the boardwalk." miami beach boardwalk.com.



Matador Room



Miami Beach boardwalk



Faena Theater



Bass Museum



Basement Miami

Mid Beach offers an excellent balance of laid-back, subtropical vibes by day, followed by sleek, upscale dining and entertainment in the evening.

### Taking in the arts

"**O Cinema** on 71st Street, when it has some small festivals, they bring in some cutting-edge, alternative cult films. I also like the **Bass Museum**; they keep a good program all year round." 500 71st Street, Miami Beach; 786-207-1919; o-cinema.org. 2100 Collins Avenue, Miami Beach; 305-673-7530; theass.org.

### A night out on the town

"I like the **Faena Theater** a lot. They're doing a 'Sounds of Brazil' concert series, which I find interesting. It's so cozy and small in scale; you almost feel like you're a part of the stage." 3201 Collins Avenue, Miami Beach; 305-534-8800; faena.com.

### A day out with the kids

"I have two kids, and I take them to **Basement Miami** at the Miami Beach EDITION for bowling or ice skating.. On rainy days, it's the perfect solution to have them spend their energy." 2901 Collins Avenue, Miami Beach; 786-257-4600; editionhotels.com/miami-beach/basement.

WORDS BY CHRISTIANA LILLY / PHOTOGRAPHY BY CARINA MASK AND CHRISTINA MENDENHALL





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440 S HIBISCUS DR | MIAMI BEACH | ROOFTOP TERRACE | WF: 85' | 6,607 SF  
\$16.9M | 6BR/6+3BA | LOT: 11,077 SF | PRIVATE DOCK | OPEN BAY & DOWNTOWN VIEWS



1633 N VIEW DR | MIAMI BEACH | SUNSET ISLAND | EXQUISITE SOARING ARCHWAYS  
\$16.9M | 6BR/7+3BA | 11,671 TOTAL SF | LOT: 25,847 SF | WF: 116'



9111 COLLINS AVE N-821 | FOUR SEASONS AT THE SURF CLUB | DIRECT OCEAN VIEWS  
\$13.75M | 5BR/6BA | 5,822 SF | CORNER RESIDENCE | WRAPAROUND TERRACE



3309 DEVON CT | LUXURY WATERFRONT LIVING | COCONUT GROVE | LOT: 13,922 SF  
\$9.450M | 4 BR+4+2BA | 10,838 TOTAL SF | HUGHES COVE PRIVATE COMMUNITY



5959 COLLINS AVE PH #1901/02 | OPEN FLOORPLAN HOUSE IN THE SKY  
\$6.95M | 3BR/3+1BA | 4,631 SF | 1,000 SF BALCONY | DIRECT OCEAN, BAY, SKYLINE VIEWS



5342 FISHER ISLAND DR | BAYVIEW | FULLY RENOVATED | EXPANSIVE TERRACE  
\$6.75M | 4BR/4+2BA | 6,300 SF | AMAZING WIDE BAY & DOWNTOWN SUNSET VIEWS



8201 PONCE DE LEON RD | SPECTACULAR ESTATE IN PONCE DAVIS  
\$4.44M | 6BR/7+1 BA | 8,915 SF | LOT: 35,284 SF | AMAZING OUTDOOR AREA



5480 SW 80 ST | GORGEOUS NEW CONSTRUCTION IN PONCE DAVIS  
\$2.895M | 6BR/6+1BA | 6,406 TOTAL SF | LOT: 9,294 SF | HIGH-END FINISHES



5753 SW 83 ST | EXQUISITE HOME IN SOUTH MIAMI | LOT: 14,000 SF  
\$2.276M | 5BR + 6BA | 6,466 TOTAL SF | IMPECCABLE LIVING SPACES



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6815 SUNRISE DR | CORAL GABLES | DESIGNED BY TOUZET STUDIO  
\$12.9M | 5BR/5+2BA | 11,952 TOTAL SF | SMART HOME | WF: 104 FT



251 KNOLLWOOD DR | WF: 327' | 2 PRIVATE DOCKS | KEY BISCAYNE  
\$10.75M | 6BR/9BA | 8,818 SF | LOT: 30,970 SF | DIRECT BAY ACCESS



400 ALTON RD PH-B | MURANO GRANDE | SOUTH BEACH | 2 STORY PENTHOUSE  
\$9.5M | 3BR/3BA | 4,379 SF | STUNNING VIEWS | 2,000 SF OUTDOOR LIVING



251 CRANDON BLVD TH-161 | BEACHFRONT TOWNHOUSE | 2 TRH LEVEL UNITS COMBINED  
\$6.75M | 5BR/8+2BA | 7,560 SF | KEY BISCAYNE | DIRECT ACCESS TO THE BEACH



1455 OCEAN DR BH-2 | IL VILLAGGIO MIAMI BEACH | 2-STORY CORNER UNIT  
\$6.75M | 3BR/4+1BA | 3,540 SF | WRAP-AROUND TERRACE BEACH/OCEAN CITY VIEWS



7634 FISHER ISLAND DR | OCEANSIDE CORNER | 3,691 SF | DESIGNER FINISHES  
\$5.5M | 3BR/3+1BA | WRAP-AROUND TERRACE | DIRECT BEACH/OCEAN VIEWS



10911 SW 59TH CT | PRIVATE GATED ST OF "THE SANCTUARY"  
\$2.675M | 6BR/4+1BA | 7,488 TOTAL SF | LOT: 32,780 SF | FULLY RENOVATED



1201 20TH ST #301 | 2,282 SF | PALAU SUNSET HARBOUR | LARGE BALCONY  
\$2.25M | 3BR/3+1BA | SPACIOUS MASTER SUITE | TOP-OF-THE-LINE KITCHEN



4727 N BAY RD | MIAMI BEACH | CATHEDRAL WOOD CEILINGS | LARGE POOL W/ SPA  
\$2.199M | 5BR/4+1BA | 3,329 SF | LOT: 9,944 SF | LUSH LANDSCAPING



1 GROVE ISLE DR # A801 | DIRECT WATER VIEWS | GROVE ISLE CONDO  
\$1.385M | 3BR/2+1BA | 2,614 SF | RESORT-STYLE AMENITIES



426 W SAN MARINO DR | VENETIAN ISLANDS | MIAMI BEACH  
\$19,900/MONTH | 4BR/4BA | 2,889 SF | LOT: 12,906 | WF: 100'



1643 BRICKELL #3702 | SANTA MARIA BRICKELL | 2 STORY UNIT | 5,730 SF  
\$17,500/MONTH | 4BR/5+1BA | 1,742 SF OF TERRACES | DIRECT OCEAN VIEWS



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# #FOLLOWINDULGETO

From mouthwatering food to iconic fashion and engaging culture, October is full of must-visit festivals and exhibitions here and around the globe. As always, if you go, tag #FollowIndulgeTo!

WORDS BY ANGELA CARAWAY-CARLTON



## LOBSTERS AND LIGHTHOUSES.

Touted as one of the best foodie cities in the nation, Portland, Maine, comes alive this month with its annual culinary and spirits festival, **Harvest on the Harbor** — eat all the straight-from-the-boat lobster you can handle and explore lighthouses like Portland Head Light. *October 17-20, harvestontheharbor.com.*

## HERE'S WHAT'S ON OUR RADAR THIS MONTH IN SOUTH FLORIDA



**CULTURE AND CHAMPAGNE.** With a prime downtown location in walking distance to PAMM, Frost Museum of Science, AmericanAirlines Arena and Arsht Center, check in to **The Gabriel Miami** for a night of culture. Rooms mean epic views of Biscayne Bay from a soaking tub; and the last Thursday of the month, tropical-inspired CVLTVRA restaurant offers free-flowing Veuve Clicquot and bites for \$45 per person. *thegabrielmiami.com.*

**SOAK IT UP.** Treat yourself (and up to 5 friends) to a luxury cabana fitted with air conditioning, bathrooms and rooftop sun decks at **Loews Miami Beach** to indulge in VIP butler service and hourly amenities like mini cafecitos, cones of mango mousse and a roving snow cone cart. Starting at \$500 per day, *loewshotels.com/miami-beach.*



**PUMPKIN SNAPS.** Like our neighbors to the north, we Miamians love a good Instagram-worthy moment celebrating the fall season. Get ready for your close-up at the 8th Annual Coconut Grove Pumpkin Patch Festival. With a move back to picturesque Peacock Park, the festival will feature more than 2,500 pumpkins and a carnival for all ages. *coconutgrovepumpkinpatch.com.*



**SHANGHAI STYLE.** Pack your LBD and escape to Shanghai for Tiffany & Co.'s mind-blowing exhibition **Vision & Virtuosity** that showcases never-before-seen and archival pieces including the original script from "Breakfast at Tiffany's." Coveted jewels like the 128-plus carat Tiffany Diamond will also be featured. *Through November 10, tiffany.com.*

**CALIFORNIA DREAMING.** Wine aficionados should flock to Paso Robles, California, for **Harvest Wine Weekend**, which celebrates the grape harvest with more than 140 activities — from elite winemaker dinners to barrel tastings and stomping grapes — at the region's breathtaking wineries. *October 18-20, pasowine.com/events/harvest-wine-weekend.*



**ROCKY MOUNTAIN HIGH.** The striking turquoise lakes and majestic mountains of Banff & Lake Louise in the Canadian Rockies should be on your bucket list and the **Banff Centre Mountain Film and Book Festival** — nine epic days packed with stories from global adventurers, authors and filmmakers — is a good excuse to visit. *October 26-November 3, banffcentre.ca.*



HARVEST ON THE HARBOR (COURTESY OF VISIT MAINE); BANFF & LAKE LOUISE TOURISM (PAUL ZIZKA PHOTOGRAPHY); HARVEST WINE WEEKEND (PASO ROBLES WINE COUNTRY ALLIANCE)





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**7270 W Lago Drive - Islands of Cocoplum, Coral Gables**  
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**7615 Ponce De Leon Rd - Ponca Davis**  
**NEW PRICE!** Brand new contemporary transitional-style home in prime, gated corner Ponce Davis location. 7/8/1 | 7,350 adj. sf. | 23,069 sf. lot | **↓\$4,448,000**



**3916 Granada Blvd. - Coral Gables**  
**NEW PRICE!** French Colonial in Vieux Carre style. Live in an iconic Biltmore golf course and canal estate. 6/7/1 | 7,900 adj. sf. | 18,000 sf. lot | **↓\$4,395,000**



**7103 Mira Flores Ave. - Islands of Cocoplum, Coral Gables**  
**NEW LISTING!** Modern two story home, updated in 2017. 2019 roof. 3 car garage. Perfect for entertaining! 5/5/1 | 5,693 adj. sf. | 16,187 sf. lot | \$2,995,000



**7222 Monaco Street - Cocoplum, Coral Gables**  
Split level built in 1997. High ceilings, 3 car garage. Gated entrance and Coral Gables Police Patrol! 6/6/1 | 6,722 adj. sf. | 20,000 sf. lot | **↓\$2,375,000**



**6001 Riviera Drive - Coral Gables**  
Fully updated/expanded on prestigious Riviera Dr. If you like naturally bright and flowing interiors, look no more! 5/5/1 | 4,003 adj. sf. | 12,000 sf. lot | **↓\$1,999,000**



**Villa Biltmore - 1228 Anastasia Ave - Coral Gables**  
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**5730 SW 100 Street - Pinecrest**  
Everything about this home says Welcome! Plantation style home, in gated Palm Estates in N. Pinecrest. 6/4 | 4,423 sf. | 23,400 sf. lot | \$1,850,000



**6105 SW 135 Terrace - Pinecrest**  
**NEW PRICE!** Lighted tennis court! Spacious one story home in a quiet cul de sac community. Perfect for an active family! 5/3/1 | 4,682 adj. sf. | 36,155 sf. lot | **↓\$1,695,000**



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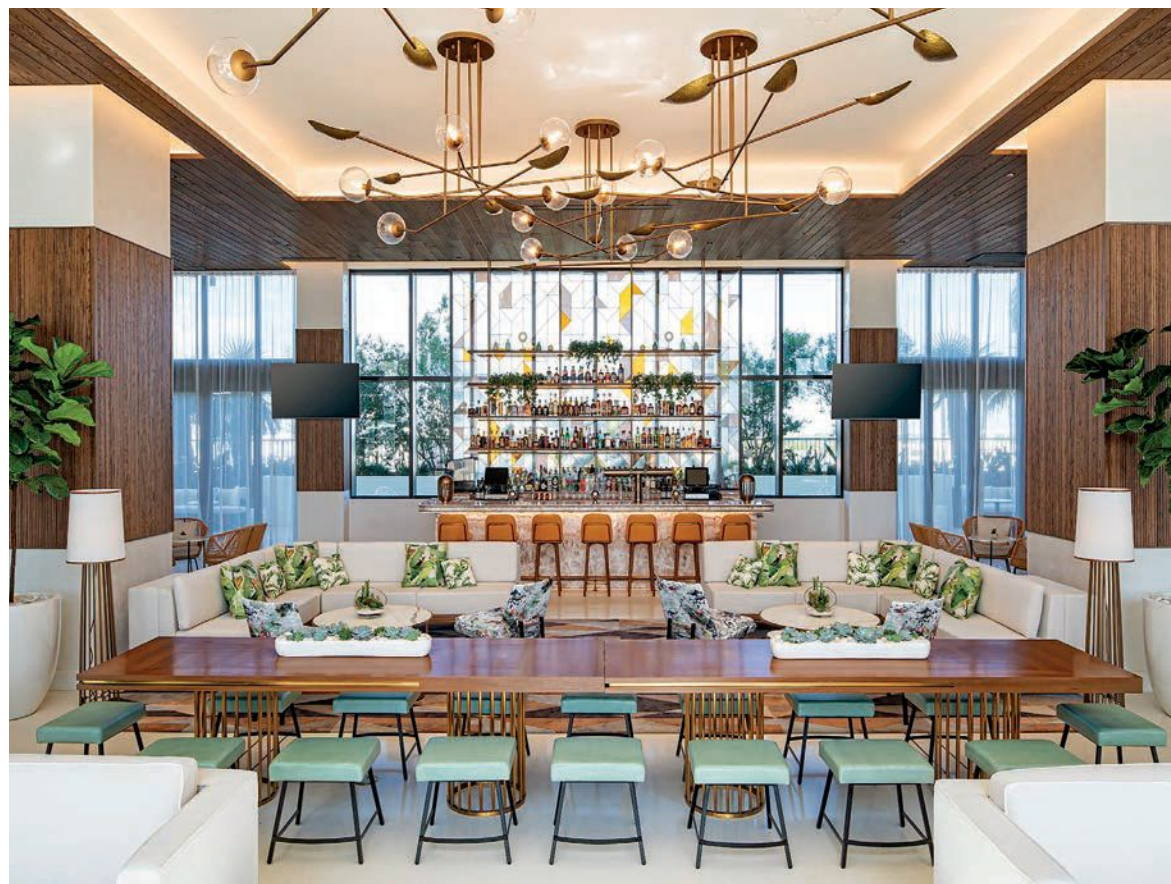


## {STAYCATION} SKY-HIGH STYLE

Live your best life at The Dalmar, Fort Lauderdale's newest luxury hotel.

Love any excuse to visit Fort Lauderdale. Just an hour drive from Miami, the first major city north of us has it all: the beach, bustling Las Olas Boulevard, yachting, a thriving arts district and enough rivers to be called "the Venice of America." So when I got an invitation to check out The Dalmar, a lifestyle hotel with the city's highest rooftop bar, I had to see what it was all about. And I was not disappointed.

Once I pulled up to The Dalmar and left my car with valet, I was in a mid-century-meets-tropical South Florida wonderland. Magenta pinks and palm prints followed me as I walked to the elevator, where destination buttons directed me to check in at the sixth-floor lobby. (Fun fact: The Dalmar actually shares a building with The Element by Westin, which are both part of the Starwood-Marriott Bonvoy family. The Dalmar has its core common areas on the sixth floor, and all rooms on floors 15 to 24.) Within minutes, I had my room card and was on my way to my suite.



Geometric details and splashy art add drama to the mid-century-modern design of the Dalmar's check-in area and lobby bar.



**COSTA MED BISTRO + WINE**

Our modern bistro cuisine offers homemade pasta and the finest wine collection in the area. Experience the best tastes of the Mediterranean with our eclectic cuisine. Premier cooks who have mastered their craft prepare our exceptional dishes. Try our foie grass, escargots, crab cakes, mussels, and all varieties of homemade pastas. Taste perfection by indulging in our lamb chops, veal, and filet mignon. Every dish is prepared with the freshest ingredients available and presented just as beautiful as the flavors. Our intimate dining room is perfect for a special date night to celebrate a birthday, anniversary or to simply share a magnificent meal. We also offer an exceptional wine list, rare local & imported beers, port and dessert wines, all a perfect way to end a great night. Reserve today for an unforgettable meal.

**260 Crandon Boulevard, Suites 45 & 46, The Square Shopping Center, Key Biscayne; 305-361-7575; info@costamedrestaurant.com; costamedrestaurant.com.**



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**260 Crandon Boulevard, Suite 16, The Square Shopping Center, Key Biscayne; 305-361-2675; kazumirestaurant.com.**



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please even the most refined of palates. **309 23rd Street, Miami Beach; 305-763-8688; villaazurmiami.com; info@villaazurmiami.com. Follow us @villaazurmiamibeach.**





## LIFE IN THE CLOUDS

As soon as I walked in to the Flagler Suite, the space — a corner unit with a living room, floor-to-ceiling glass windows and a wrap-around balcony with views overlooking everything from the beach to Downtown Fort Lauderdale — took my breath away. At bedtime, I watched the stars sparkle over the Fort Lauderdale skyline, and every morning, I watched the sunrise over the Atlantic Ocean from my plush, California king bed. All rooms are spacious, sophisticated and modern, with curated artwork inspired by photographer Slim Aarons, iPads by every bed (with your name on it!), Alexa, and the natural woods and rich leather accents befitting the cosmopolitan face of a cosmopolitan city.

## STAY AND PLAY

Just like the friendly check-in experience, days here are just easy. You can go for a bike ride on one of The Dalmar's complimentary, pastel-hued bicycles. Do yoga. Take a dip in the sixth-floor infinity pool. When the South Florida sun starts beating down your back, you can cool down with a treat from the nearby gelato cart, or grab a half-bottle of Moët & Chandon from its candy-pink vending machine. Bring your laptop and answer emails, if you have to; just steps from the pink-onyx lobby bar, there's a long communal table designed for working. There's also a full fitness center with Peloton machines nearby, where you can work off that gelato and Champagne.

If you're there on a weekend, sashay up to Sparrow, the rooftop lbar. Inside, retro accents create a swanky, 1950s feel, and outside, a Florida-meets-Alice in Wonderland vibe sets the scene for a fun night out with your girlfriends or trendy date night drinks. No matter where you go, always have your phone out at The Dalmar. From its textured walls and colorful nooks to the neon-lit "Me Oh My" installation on the ground floor, every corner of this lhotel is an Instagrammer's dream.

## EAT YOUR HEART OUT

Wake up and order room service for breakfast, or do what I did and head down to the lobby bar and lounge for Belgian waffles or avocado toast.



A stay at The Dalmar may find you having poolside cocktails one evening and enjoying rosé in the hotel's outdoor lounge the next; plush beds and vintage photography are some of the sophisticated touches found in each room; savor classic American fare in the glamorously designed interiors of The Terrace Grill.

If you're lying by the pool, a button on your side table gets chairside food and drink service from Sip N' Dip, the pool bar. I definitely took advantage of Rose's Coffee Bar, on the ground floor, when I needed a caffeine fix. Think: cold-brew or nitrogen coffee, specialty drinks, cookies as big as my head and healthy snacks galore.

After an indulgent day in South Florida paradise, continue the theme with dinner at The Terrace Grill, The Dalmar's signature American restaurant. Order Georgian wine you can't find anywhere else in the U.S., and pair it with fresh truffle fries, chargrilled octopus with Calabrian chilies, a buttery filet mignon with mashed potatoes and charred Cipollini onions, or my favorite, grilled artichokes on top of a lemon-tinged artichoke purée. Dessert is a must, as you'll learn when you order the warm, whole wheat chocolate-chip cookies with house-made vanilla ice cream.

## SOUTH FLORIDA SOPHISTICATION

Of course, there's plenty to do if you want to leave your hotel, and The Dalmar has a free shuttle that can take guests anywhere within a three-mile radius. Sip a latte by the flower wall at Ann's Florist & Coffee Bar. Stroll up Las Olas to check out its fashion-forward boutiques. Grab a table outside at Boathouse at The Riverside and enjoy Mediterranean tapas as you watch the boats sail past on the New River. If you want something more casual, grab Philly cheesesteaks or shepherd's pie from chef Simon Porter's brand new Bo's Pub. And if the weather is nice, don't miss the beach. The Dalmar has complimentary chairs and towels there waiting for you to relax during a stay that will inspire you to do everything or nothing at all.

WORDS BY JENNIFER AGRSS

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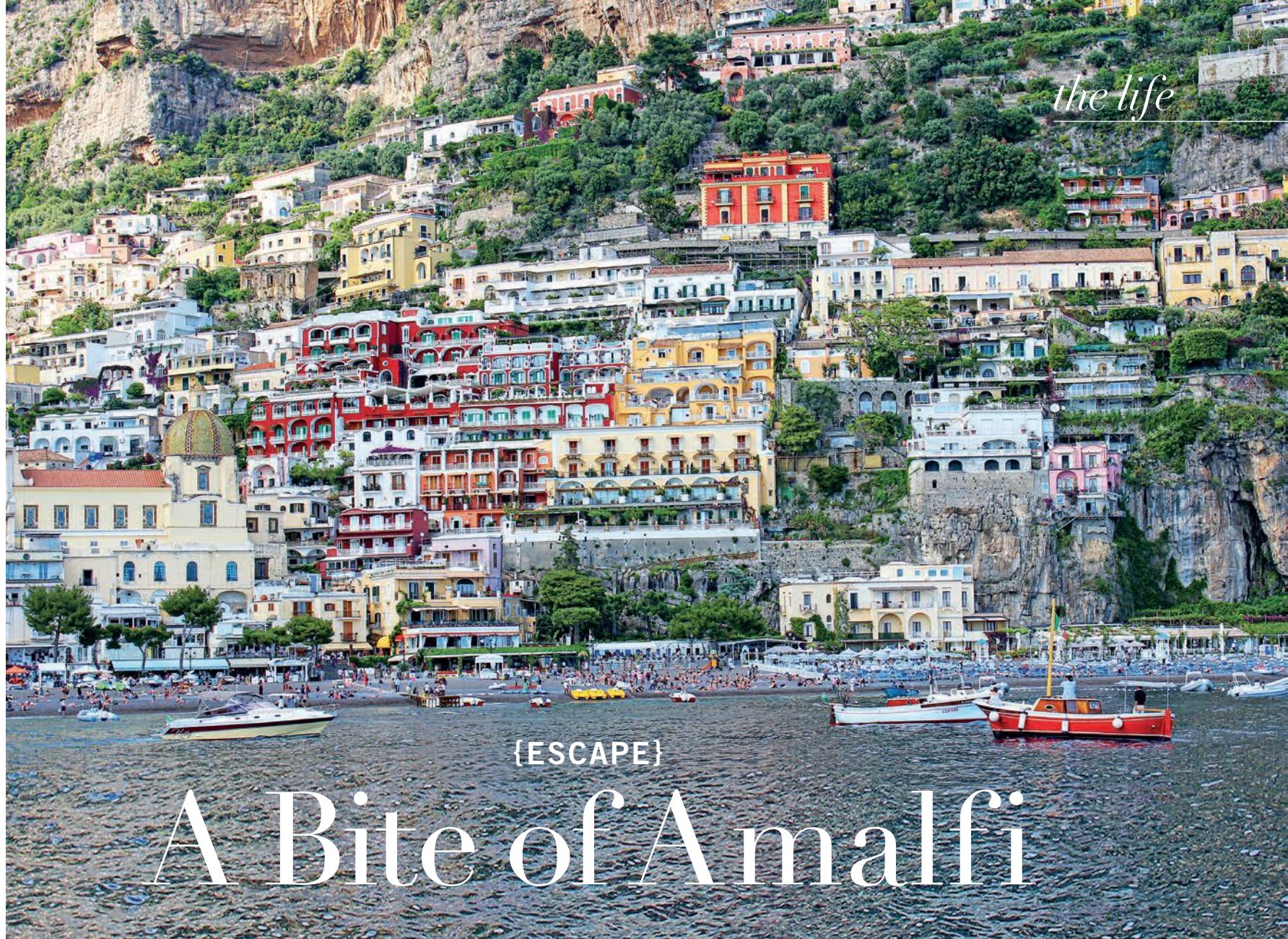
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{ESCAPE}

# A Bite of Amalfi

Fresh seafood, pasta on the beach and an education in limoncello; a trip to Italy's Amalfi Coast proves the region is about more than a pretty facade.

In order to truly appreciate the Italian Amalfi Coast, one has to understand its history, which shaped the charming seaside destination that for decades has been a draw for superstar celebrities and mortals alike. After a treacherous tsunami in 1343, more than half of the area, located in the region of Campania in Southern Italy, was wiped off the map. What was then a population of 70,000 now lies just above 6,000, and the architectural remains sit elegantly like pastel-colored legos imperfectly stacked on top of each other, lying between the Mediterranean Sea and Lattari Mountains.

These remains of “La Costa Amalfitana,” as Italians call the region which sits along the Sorrento Peninsula, are now homes and hotels, family-owned businesses that thrive off travelers. Up close, within its small rocky streets with narrow alleys leading from one trattoria to the next, touristic chaos blends in with locals driving their Vespas and 1960s-era Volkswagen Beetles. Cars honk at sightseers meandering on winding

roads, enjoying a creamy gelato while gazing at the shops that offer a vibrant assortment of handmade ceramics, fruits, pasta, olive oil and snacks. In between these tempting offerings, shoppers will find cookies, candy and limoncello — all made from Amalfi's most recognized product: lemons.

While the region's most recent popularity has

stemmed from the coast's visually appealing architecture developing a strong social media following, those who visit will find that Amalfi offers more than just beautiful backgrounds. A rich food culture also defines “La Costa,” with fresh seafood, homemade pastas and unique regional dishes luring in the curious and the famished to its tables.



(Top) One of the most photographed locations in the world, Positano and its colorful mountainside villas attract thousands of visitors every year; a heaping plate of spaghetti alle vongole, a dish typical to Amalfi made with fresh clams.



*the life*



(Left) Handmade pasta with lemon sauce and herbs; (below) Amalfi's bright and fragrant lemon groves; keep calm and enjoy a few limoncello products available at local markets.

(Below) Two treasures of the vibrant region — rustic handmade ceramics and tasty ravioli stuffed with fresh ricotta and topped with basil.



#### HERE'S THE DISH

In and around the Amalfi Coast, the freshest fish and seafood are brought by fishermen who sail out just before the sun rises and then return to land by the late morning to tie their boats on the dock. They then deliver the “frutti di mare” to all the local markets and restaurants with menus showcasing tempting dishes such as spaghetti alle vongole (spaghetti with clams), calamari fritti and pesce fritto (fried fish).

Those that fancy an unforgettable plate of pasta while in Positano can visit the renowned eatery La Pergola, which sits beachside with views of the deep blue waters of the Mediterranean Sea. Their menu features Italian favorites such as ravioli stuffed with mozzarella di bufala and ricotta, topped with small tomatoes

and a fresh heap of basil. If your travels find you in Sorrento, take an hour to dine like a local at O' Schizzariello. Located on Via S. Cesareo, this is the perfect example of a small, traditional restaurant serving authentic dishes made with fresh ingredients, such as the classic spaghetti al pomodoro, which oddly enough is not listed on the menu. But if you request it, a steaming plate will be on your table within minutes.

#### WHEN LIFE GIVES YOU LEMONS, MAKE LIMONCELLO

While walking through the shops within the Piazza Duomo, it's difficult not to spot bottles of limoncello, as well as other foods and treats derived from the sweet digestive scattered on the shelves. The lemons used to make the limoncello products are grown locally, within acres of farms located far up the hills of Amalfi. Many of these businesses are owned and run by families, who from generation to generation pass on the knowledge and the passion for cultivating the sour, tangy fruit used in a plethora of cuisines across the world.





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To learn about Italy's lemony history, take a walk out of the town of Amalfi and to La Valle dei Mulini. Surrounded by streams and waterfalls, and home to Campania's famous flour mill ruins, La Valle dei Mulini invites guests to live the "Amalfi Lemon Experience." Led by Salvatore Aceto, he and his family grant tours of their land, where the lemons are grown. Visitors must reserve a space in advance. Upon arrival they will set off on their journey, learning along the way the methods used to grow Amalfi's lemons and how they are different from those of any other region in the world. Following the educational excursion, a private cooking class ensues. Guests can then sit down, pop open a bottle of Italian wine and enjoy a full course meal that includes handmade pasta, gnocchi, eggplant parmigiana with smoked mozzarella cooked while wrapped on the lemon leaf, Tiramisu al limone, and in true Italian fashion, an espresso with a slice of lemon or the peel.

After all, life on this picturesque coast is meant to be a zesty experience.

#### LOCATION, LOCATION, LOCATION

If exploring beyond the town of Amalfi is on the travel agenda, a trip to tourist-preferred and equally as striking places like Sorrento, Positano,

Ravello and Minori would be enjoyable, though smaller, less touristy towns such as Agerola and Gragnano offer a unique experience, especially for foodies. Agerola is known for its production of fior di latte, the Mozzarella traditionally used to make Margherita pizza; while Gragnano — known as "il Paese della Pasta" (The pasta country) — boasts the presence of Italy's most prominent pasta manufacturers.

For spots with views for days, one of the smaller towns in the area, Pimonte, is located at the top of the Lattari Mountains and enchants visitors with breathtaking views from Monte Pendolo - Croce. Imagine looking out over a mountaintop with inimitable views of the entire Bay of Naples past Mount Vesuvius, the highest elevation. One can also look out at the famous volcano from Sorrento, however at a lower level. Meanwhile, Positano is smaller, but competes with Amalfi when it comes to the most colorful assortment of houses on a mountainside.

#### FROM TOWN TO TOWN

While you can book a hotel in just one location, visiting a nearby town takes 35 to 40 minutes. For those not looking to rent a car, public transportation is available. From Amalfi to Positano, ferry rides are offered at just 8 euro.

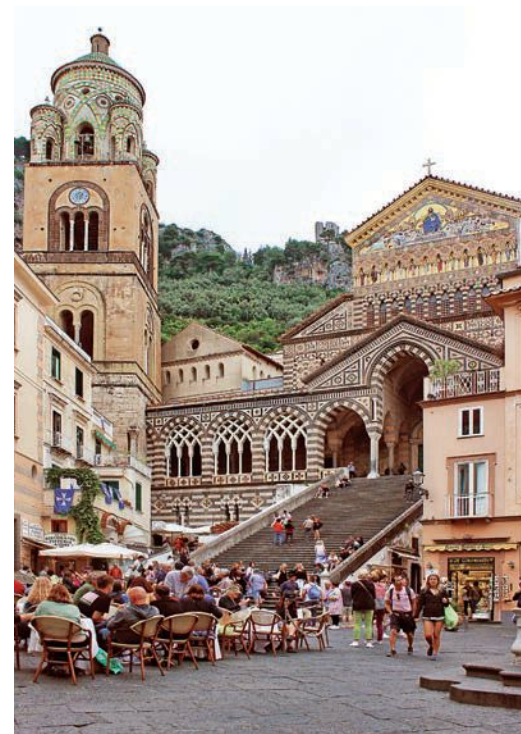
Extraordinary sights are part of the experience when traveling through the towns of the Amalfi Coast. Popular spots include Amalfi's mountainside buildings (left), and the Gulf of Napoli (below); Vespas are often used by locals to weave around roads; the Piazza Duomo offers quaint cafés and views of the Amalfi Cathedral.



Buses — which they call a "pulman" (pronounced pool-maahn) — start their routes in Amalfi and drive through Sorrento, Ravello and Maiori as well as Agerola, Pimonte, Castellammare and Gragnano. Taxis are available, but expect to pay 50 to 80 euros for a cab ride, while taking a bus is just 1.30 euro with tickets that are easy to purchase at the local pharmacies in town.

*Andiamo*; for an Italian adventure awaits.

WORDS AND PHOTOGRAPHY BY CATALINA BALZANO





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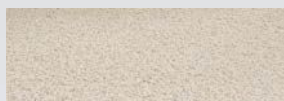


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# INDULGE

OCTOBER 2019



## *Fashion's Finest*

“I see a person transform and take on a personality while wearing my dresses. Because it is like theater – a moment that you feel so glamorous.

When you put on this dress and you come out, it's like the lights come on and you're taking center stage.” — Naeem Khan

Over a rainy, late summer weekend, INDULGE editors found themselves engaged in one of the most unforgettable collaborations in the magazine's history. A designer as multi-layered as the show-stopping pieces we feature from his Resort 2020 collection; a day-long photo shoot at his breathtaking penthouse in the heart of Downtown Miami; a treasure trove of exclusive jewelry from Chopard...







# The Rise of

# Khan

Interview by Iran Issa-Khan

*WITH PLANS SET FOR NEW HEADQUARTERS AND EVEN A FASHION SCHOOL IN THE RIVER DISTRICT, **NAEEM KHAN** IS ON A MISSION TO REDESIGN MIAMI.*

“In life there’s fantasy and reality, and I think I bring that to fashion. What I fantasize, I make for real women.” Prior to leaving his home country of India to begin what would become an illustrious four decade career that has taken him from his days at Halston to being one of the most recognizable designers in the world, Naeem Khan received a memorable piece of advice from his mother, Razia — keep his focus on creativity, not cash. “When I left India, my mother told me, ‘You have to never run to money, your art is always number one. You just have to work hard, and money will run after you’”.

That strive for artistic integrity has not only delivered Khan worldwide success, but has also kept him at the top of his game. He can count early friendships with influential celebrities like Elizabeth Taylor, Andy Warhol, Liza Minnelli and Truman Capote; triumphantly launching his eponymous label in the early aughts; and recently dressing the likes of former First Lady Michelle Obama and Kate Middleton, the Duchess of Cambridge, as some of the high points of the last 40 years.

His latest endeavors find him far away from the runways of Paris. As part of his vision to revitalize the potential of Miami-Dade’s fashion industry, Khan is not only moving to his entire base of operations to Miami, but has also sketched out plans for a new fashion school, an extension of Design and Architecture Senior High. In an exclusive interview with his longtime friend, the equally visionary photographer Iran Issa-Khan — a fixture on social scenes in Miami, New York and internationally — the designer takes us behind the seams of an empire whose newest conquest is our very own Magic City. — *Jenny Starr Perez*

**IRAN ISSA-KHAN:** Describe yourself in three words.

**NAEEM KHAN:** I can tell you what I would like to be. I’ve always had an admiration for the “Renaissance man.” A man who can cook, design a house, loves flowers, women, architecture, riding horses, playing polo. So to me, that’s somebody that I’m striving to be.

**IKK:** You described yourself exactly as you are; a Renaissance man. Speaking of, you began your career as an apprentice with Halston, a label and a man synonymous with the extravagant lifestyle of the late 70s and early 80s. Tell us a bit about that time for you.

**NK:** I feel that I was fortunate because I came to work for Halston when I was 19, and I was not jaded. I grew up in a very humble environment, and I moved into this crazy world of high fashion and the high life. Drugs, sex and rock ‘n’ roll. But what Halston taught me was tremendous. Fashion is not only about making clothes, fashion has a lot to do with how you live and who influences you. He surrounded himself with amazing artists like Andy Warhol and Martha Graham, and movie stars like Liza Minelli, Elizabeth Taylor and so many others. These are people who influence and inspire. It really works well with developing your way of thinking.

Photography by Kellie Walsh/4 Eyes Photography / Fashion Editor/Producer: Elyse Held / Hair: Danny Jelaca  
Makeup: Osvaldo Perez / Models: Belle/The Walk Collective, Carolina/The Walk Collective, Lilo/MC2, Melissa V/MC2  
Assistant Stylist: Dani Parets / Fashion Interns: Samantha Torres, Pangea Kali Virga and Victoria Cabrera  
Jewelry provided by Chopard / All wardrobe from the Naeem Khan Resort 2020 and Fall/Winter 2019 collections



**HK: It flows.**

**NK:** It did. He was a magic man who from a bolt of fabric created art. One of his lines used to be, “Does this fabric talk to you?”

**HK: He was a true gentleman. I met him in New York in the 70s or the 80s. He never lost that desire to make women beautiful, in a gentle, easy way. That’s something you have. You look at a female body and you make it elegant, so beautifully.**

**NK:** The difference between his clothes and mine is that my clothes are way more ornate (Laughs). I like gilt. I like the ornamentation.

**HK: That’s where your background comes in. I think being brought up in India with your family that made these beautiful materials — full of gold and all the hand done — it had to do something to you as a human being and as a young boy, to take that experience and make it into the clothes you create today.**

**NK:** Culture is so important. My family has been making textiles for three generations — I’m the third generation — close to 100 years. When you see your grandfather and your father who are so embedded in their work, it’s a part of their soul. I remember spinning gold threads together with my grandfather and his employees, making these amazing, beautiful saris and wedding dresses for India. You know that there is so much soul in those clothes. To me, it’s important that my clothes have that same soul.

**HK: What was the experience of launching your first company like for you?**

**NK:** I left Halston because I had met my future wife and I wanted to get married and have a family. But that whole life with Halston was very complicated because it was...

**HK: It wasn’t about marriage.**

**NK:** Right. So, I went to L.A. and I started a company called Riazee, which was my mother’s name. I have















a very close relationship with my mom and I felt that she would be my protector, so I used her name as an umbrella to take me to the next level of my life. It was that year that I made my first million dollars — at the age of 20.

**IKK: What a compliment to your mom! So, years later in 2005 was when you changed it to Naeem Khan?**

**NK:** That's also when I had my first fashion show and that collection was a major success. All my life, I've seen how people change when they wear something they love. Even me. I might be in a T-shirt, but when I put on my suit, I feel fabulous. Clothes should make you feel confident, like you can take over the world.

**IKK: You travel everywhere and like many in the fashion and art world, you spend plenty of time in New York. Of all the cities in the world, what is it about Miami that captivated you?**

**NK:** First of all, it reminded me of India because I come from that kind of weather. So, I fell in love with Miami because of the warmth of the climate and the warmth of the people. I fell in love with the friendships I made! I met you literally the first month I moved here, and we remained fast, furious friends all these years — 17 years now.

**IKK: It's absolutely true. It's so strange, because it feels like yesterday.**

**NK:** Think of all the times we've spent not ever having had an argument. Every time we meet, we laugh, we eat, we drink, — we celebrate life. And when you have friends with whom you celebrate life, that's when time goes fast.

**IKK: What do you think of the fashion scene here? You had some news up your sleeve earlier this year, no?**

**NK:** Yes, a great experiment: to produce my collections here in South Florida. There's a reason I wanted to make the move to Miami, both



personally and now professionally: it gives me space to do a lot more. Because of that, I'm going to create an environment where I can run my business here in Miami, so I can provide employment in the city itself. If you can produce goods in Italy and France, why can't you produce in America? I decided to make Miami my new headquarters.

**HK: A new stage in your life, then? Your partnership with Design and Architecture Senior High (DASH) is also a part of that. A major "moment" for the city!**

**NK:** I feel that I've reached, as you said, a stage in life where I need to give back. Where I can build a fashion school and have the kids interact with my company, giving them firsthand experience in the creative and business process of a fashion enterprise.

**HK: Can you comprehend the impact of learning about the business that early on? Imagine how much the kids can develop artistically?**

**NK:** To inspire a mind early on opens up horizons. Finding inspiration through fashion, art, movies or museums will likely become a habit that will stay with them forever. The school will have different programs, which will be tied in with international artists coming to teach various forms of art, including fashion. Miami's going to be even more incredible, and the extension at DASH is a huge part of that.

**HK: Having you here in Miami all the time will be fabulous! How much fun! Where are your favorite places to enjoy socially here?**

**NK:** I have some favorite restaurants that I love to go to, but I always check out the Pérez Art Museum Miami, right? It's fantastic, just to see what's happening there. I love that building. I like dinner at MC Kitchen or Mandolin. All of these places are in the area I live and I kind of stick to that.

**HK: I know you've dressed Michelle Obama, Beyoncé, Kate Middleton, etc.**









**Besides all the society women and famous stars, who else is a “Naeem” woman?**

**NK:** I think people make a big error in thinking that I have dressed only high-power women because they get all the limelight on social media and in the press. But 95% of my clients are normal, everyday people. We have over 220 stores around the world and have a strong presence online. My clothes are easy to access and are made simply for anyone that has an occasion where they want to look completely amazing.

**HK:** Your art collection is really rather impressive. Everything that I've seen in your home, be it here in Miami, New York, or wherever, is something very special. How do you pick the pieces?

**NK:** Many years ago, and I was a 24-year-old kid living in a one-bedroom apartment. I had a TV on a box, a sofa, a bed and every wall covered in original Warhols. So, I'm just giving you an explanation of what art means to me.

**HK:** Beautiful. This is perfection.

**NK:** And so it has always remained. Every year I dedicate X amount of money to buying even a small piece or, you know, something. I must have like 80 or 90 or 100 paintings, mainly contemporary art or photographs. Each piece has to make me happy.

**HK:** And tell me one thing. If tomorrow, you wanted somebody to remember who you are, what you are, what you did in this world, what would be something that you would aspire to have people say?

**NK:** That through the success that I've had, I have used this platform to change the world. By that I mean that I offered education or I helped the planet through sustainability. I have this idea where industry and education can combine to create a new mindset, so that we can build the industry in our country, rather than sending it out. I want to be known for that. {Laughs} Add it to the list of things to do, ok?









“It”

matters... doesn't it?





# The It bag and other style must-haves peaked during Sex and the City. Does the term still apply today? Even more important, what should we wear this fall? Read on to find out.

**Words by Rebecca Kleinman**

A lot has changed since Sex and the City's Carrie Bradshaw slung a Dior Saddle bag over her shoulder and set out to conquer Manhattan. No longer does a singular voice like HBO's hit show or a fashion magazine of Vogue's magnitude dictate trends, since anyone with a smartphone can become a Bradshaw in her own right. Just look at style influencer Olivia Palermo's trajectory.

Beyond shopping without borders, the digital age has forged many other positive changes such as inclusivity and a more democratic approach to style. But SATC made it so much easier to know what to wear (Manolos! The Baguette!) Some of these trends rose to It status, a no-brainer barometer in building one's wardrobe. Though designer brands still rely on It bags and other accessories as their bread and butter, retailers and their clientele have different opinions in defining the concept. The upside is that it's shifted from materialistic to more meaningful.

In homage to the classic start of a SATC episode, INDULGE can't help but wonder: "As we head into a new season and fall collections, how do we decipher the new It, and is the term even relevant when there's so much noise from Instagram alone?"

## A new definition

As the founder of Jenna White and Jenna White Kids boutiques in South Miami and owner of a large collection of designer handbags, Jenna Kaplan observes the broader interpretation on both sides. When it comes to her own bags, she only has eyes for the latest and greatest from haute houses. Clothes are another story.

"Women want ready-to-wear pieces that transition from travel to the workplace to being a mom to going out," she said. "I have to find that thing that can be 'it' for all of the above."

There's a bit more to why an item is deemed a keeper in her book.

"Being in Miami, it has to be seasonless and have longevity. People also don't want to look the same anymore. They want to look special," she said.

Kristen Cole has built her entire business model around that notion. As the president and chief creative officer of Forty Five Ten, a Dallas-based specialty store chain with a location in Miami's edgy Little River neighborhood, she's on the hunt for exclusive product through capsule collections, artist collaborations, runway looks, drops, custom fabrics and colors, and one-of-a-kind, upcycled vintage. The last niche addresses a void in the market with the recent shuttering of some of Miami's legendary vintage shops, in addition to sustainability, one of fashion's major initiatives across the board. Her slow approach to curating a timeless wardrobe of conversation pieces counters every facet of fast fashion.

"The current digital overload makes it all feel so fast and flat and overdistributed," said Cole, who's never cared for the It label regardless. "It's way too disposable."

Rather than specific items that come and go, she buys based on macro trends and personality types.

"For example, our store isn't about one bag but beautiful investment pieces like Celine for the minimalist, Balenciaga for the forward and sexy woman, and Bottega [Veneta] for the chic and unexpected type," said Cole, who also invested in the movement toward mini bags purely for the sake of fun — basically, fanny packs 2.0. "They're these ridiculously wonderful, teeny bags that just keep getting smaller and smaller. You wear them on a belt and even on the neck. Some fit around the ankle."



On any given day, local and international shoppers can be seen at the Dior or Fendi boutiques at Miami Design District; the season's must-have bags from Prada (opposite page) and Saint Laurent, both available at Neiman Marcus, Bal Harbour.







## Bagging an “It” or an icon

Down with “It” or not, there’s a reason the term is generally associated with bags. These pricey prizes can be worn daily, last a long time, and are instantly recognizable as status symbols as opposed to clothing, according to Arielle Elia, co-curator of “Trend-ology,” an exhibition at the Museum of FIT in New York. She adds bag hype is a relatively new phenomenon.

“For Dior’s Spring/Summer 2000 collection, John Galliano was one of the first designers ever to put a bag on the runway,” said Elia, of the house’s iconic Saddle style.

The exhibit devoted a section to bags, several of which have graduated from It to iconic. Louis Vuitton’s Speedy, which debuted in the 1930s in response to the advent of modern transportation, is still a best seller and source for endless collaborations with famous artists like Takashi Murakami. Elia lists the Hermès’ Birkin, named for jet-setting model actress Jane Birkin and dating to the 1980s, and Chanel’s 2.55, whose number references the month and year Gabrielle Chanel released the quilted style with its Mademoiselle rectangular lock, later updated by Karl Lagerfeld with an interlocked, gold-toned metal CC logo lock, as other icons with 21st-century staying power.

Her research concluded that trends spread far worldwide but tend to fizzle faster with the Internet and social media. It left off before big data and artificial intelligence created an accurate read of a trend’s arc in real time. Trend forecasters are watching your every move now.

“Trend forecasters and brands use these new tools to see where the market is going and analyze trends, like they can see how many people repost a look on Instagram,” said Elia.

The clear advantage hasn’t been lost on Melissa Lowenkron, Neiman Marcus’ senior vice president and general merchandise manager for handbags, accessories, ladies shoes, jewelry and beauty. Social media channels gave her an early read on fall, such as handbags’ top three trends: modern minimalism, animalia, and faux and real exotic leathers. They’ll be carried at Neiman’s stores in Bal Harbour and Coral Gables.

“Social media allows people to watch streamed runway shows and vote through likes and shares about which items are their favorites. It also gives our clients an opportunity to directly send their stylists pictures of what they want to buy,” said Lowenkron, who keeps it fresh with pop ups and other activations, since most product has been viewed before it’s available for purchase. “We still like to have a few surprises throughout the season to excite our customers.”

An afternoon at Neiman Marcus Coral Gables (above) often results in a trip back home with the latest accessories from labels like Chloé. (right).





## A Miami story

An early adapter to brick-and-mortar retail's wake-up call since founding the original Webster flagship in South Beach a decade ago, Laure Hériard Dubreuil constantly invents clever ways to tear her customers away from their screens and shop a physical space. Among her many tactics are irresistible merchandising and limited-edition exclusives like in-house LHD label's new Big Sur collection. Inspired by its namesake locale's spellbinding nature and spirituality, 30 silk, cotton and mohair knit pieces as well as accessory collaborations with Barrineau and Pierre Hardy hit stores in October.

"Capsule collections and exclusives are the next level of an It product. Unlike an It bag that everyone can get, their limited quantities make people want them 10 times more when they can't get them," said Hériard Dubreuil, who was introduced to acquisition lust at an early age. "My first memory connected to an It product was when I helped my father pick out a Cartier Baignoire watch for my mom. It truly captured that feeling of a must-have in my mind."

While women have moved on from getting caught up in the It moment, men are diving in. Sneakers are the new It bags.

The Webster and its brands can barely keep up with the men's sneaker cult following according to Hériard Dubreuil. "We can't produce these products fast enough for the modern-day consumer, especially this sneaker world. It's like nothing I have ever seen, the need and support for these brands," she said.

Die-hard followers of fashion's latest creations are left to conclusion that the modern-day "It" factor for accessories has less to do with style and is instead about more speed, in seeing up with trends and grabbing them before the next big "it" comes along.



Capitalizing on an industry trend, The Webster launched a capsule collection with Italian designer Fausto Puglisi earlier this year; LHD's Big Sur pieces are inspired by the beauty of the California location it is named after.



## Closeup Closeup

Louis Vuitton Petite Malle in Monogram Canvas



Even the most avid fashion enthusiast could still use a little direction for fall trends. Here are our experts' suggestions on where to start.

*"Now mini bags like Louis Vuitton's trunk-shaped Petite Malle are the ultimate luxury status for their impracticality of being too small to actually carry anything besides maybe a lipstick."* Ariele Elia

Bottega Veneta pumps in Nappa Dream



*"Capes, tiny bags and of course some Bottega Veneta pumps."* Laure Hériard Dubreuil

*"Leopard print is everywhere. There's the traditional interpretation, but it's also being shown in many other forms like abstract spots, velvet burnouts, fleece pullovers and a knit in black, leopard-patterned jacquard."* Jenna Kaplan

Christian Louboutin Cabata Small Leopard-Print Patent Tote Bag



*"The fall look for Miami is a neutral camel paired with crisp white."* Melissa Lowenkron





Andrew Yeomanson



Afrobeta



Juan Turros



# the beat goes on

Once booming, Miami's live music scene has struggled to keep venues open and locals coming out to listen. While DJs have long dominated the entertainment genre with legions of fans, a subculture of bonafide bands are doing what they can to keep their music playing.

On the surface, Miami has always been a club town. This is the city where disco fever raged, where drum machines ruled dance floors long before "Ultra" and "EDM" were household terms. These days, Miami is probably better known for the DJs it attracts than for its actual musicians. But if you look beyond the velvet-rope megaclubs and pulsing, strobe-lit lounges, you'll find the live music scene still thriving, albeit slowly with the shuttering of longtime venues like Hoy Como Ayer. Over the years, the same city that developed Miami Sound Machine and KC and the Sunshine Band also fostered modern-day icons like Suénalo, Spam Allstars and Afrobeta. We still live up to the "Clubland" nickname, but two generations of forward-thinking talent are hard at work in the ongoing mission to keep Miami's live local music scene alive.

## THE SOUND OF AN ERA

"In the mid-to-late-nineties, South Beach was it, with rock and funk acts like Nil Lara, Manchild and Fulano de Tal playing venues such as Stephen Talkhouse, Stella Blue and Rose's. To play South Beach in those days, you had to bring something new to the mix, and these bands did just that," remembers Juan Turros, on horns for Suénalo.

The turn of the century ushered in local artists like DJ Le Spam — "the granddaddy of the Latin funk scene," according to Turros — and his Allstars, followed by bands like Locos Por Juana, Palo!, and, of course, Suénalo.

Even now Suénalo captivates listeners with a hip-swinging sound as diverse and eclectic as Miami itself: sometimes jazzy, sometimes a cross between funk, cumbia and Cuban descarga. No matter what shape their music takes, Turros says the common thread is always some element of dance because — *pase lo que pase* — "Miami likes to dance."

"Miami's musical history influenced us as heavily as we influenced it. The special part was how well it worked, how hard it grooved, and how much of it evolved as a result of playing four nights a week," adds Chad Bernstein, trombonist for Suénalo. "In that sense, the community helped us see what resonated. Miami was as much a part of the band as we were."

Andrew Yeomanson, also known as DJ Le Spam and founder of the Spam Allstars, remembers listening to live acts at the legendary Tobacco Road. "It was a real place, a real blues bar. The local bands would play there but they'd also bring national acts," he says. "That was like the epicenter for me for several years."

WORDS BY AMANDA MESA / PORTRAIT PHOTOGRAPHY BY JUAN VERGARA





BALL & CHAIN, singer Leslie Cartaya



Rick Moon

In 2001, he and the Allstars launched ¡Fuácata!, a Thursday night residency at Hoy Como Ayer on Eighth Street that became legendary.

“You never knew who would be at that bar. You’d see Cuci and Tony from Afrobeta, the guys from Suévalo... we had Mick Jagger show up to the place once,” he says. “That whole era...it really felt like we had a community, like that was a generation.”

It’s been three years since the last ¡Fuácata!, but the raw energy that fueled the beloved weekly boogie lives on. “Miami’s always going to have an evolving artist and music scene, and there’s going to be people that go create their own scene because it’s the reaction to all the commercial stuff that goes on,” says Yeomanson. And he would know — the band spent much of the past fifteen years touring nationally, spreading Miami’s sound across state lines.

## MADE IN THE 305

Given the rising cost of rent in Miami, Yeomanson predicts the scene will push into more affordable neighborhoods like North Miami, where bars like The Club draw a hip creative crowd to homegrown weekly parties like the traveling Vinyl Social Club.

Miami’s dwindling supply of real estate isn’t the only challenge facing the creative scene. The city is notorious for high turnover in everything from bars to fashion trends. But after more than a decade performing both locally and internationally, Cuci Amador and Tony Smurphio — known collectively as Afrobeta — have found a silver lining in South Florida’s fickle nature.

“It’s both an obstacle and an opportunity. The obstacle is that it’s difficult to trace a proven track record to emulate as an artist in Miami, so it forces you to innovate,” says Amador. “The opportunity is that your misfires will be forgotten quickly and you’re in the best position to do something new and exciting.”

The electro-funk duo credits institutions like Sweat Records for investing in the local music scene. Venues like the North Beach Bandshell have also

championed live music in Miami — the historic oceanfront amphitheater hosted Afrobeta’s Mooncake Festival two years in a row, spotlighting local talents like The Galactic Effect and Telekinetic Walrus.

## LISTENING AHEAD

Today, Miami’s music scene is as much a melting pot of styles as it’s ever been. On a weeknight at Lagniappe, you might catch Electric Kif, a four-piece ensemble that uses terms like “cosmic funk,” “rock,” and “soul” to describe their sound — a sound very much influenced by the city.

“We like music that’s hard-hitting and in-your-face, and I guess that’s kind of how Miami is,” says Jason Matthews, on keys. “There are so many venues here where we could play whatever we wanted, and that helped develop us.” Locals will surely hear a bit of home in Electric Kif’s latest album, “Jefe,” just released September 17.

And at festivals like III Points or parties at Faena Forum, you might discover acts like electronic production duo Paperwater (the brainchild of producers Daygee Kwia and Eddy Samy) and singer-songwriter Morgan Bryson. Longtime collaborators, the three have carved out a following blending eclectic live sets with original visual components and elements of theater, because, as Kwia maintains, “People want to see a show rather than just hear music. Live elements are the future in Miami.”

“I love blending live music with multimedia,” adds Bryson, who sometimes implements visual projections and hand-built sets to tell an immersive story around her performance.

Whatever your musical preference, you’re bound to find something in Miami that will move you because Miami is all about movement, from the swaying palms along Ocean Drive to the sashaying Saturday night revelers at Ball & Chain. As Bryson says, “It’s the best city to be in right now for musical inspiration. Every genre exists here. It’s exciting.”



“We like music that’s hard-hitting and in-your-face, and I guess that’s kind of how Miami is.”

Though born and raised in Puerto Rico, singer, songwriter and audio engineer Rick Moon has been producing music in Miami for close to a decade. He compares the sound of the city to “a pulsing electric beat with a hyped up MC shouting at you to live it up and have a good time.” Whether it’s EDM or hip hop, Moon says Miami’s music seeps into you daily when you live here, so that a little bit ends up filtering into in his work even if his sound is very different from what’s trending in the city. Take his latest album, “Electric Lunch.” Released late this July, it’s a lush and dreamy sonic journey which — much like Miami — reveals a much deeper story once you listen beneath the sun-drenched melodies and catchy grooves.

“Miami is a strange place...a wild place,” he says. “There is this great dichotomy — the beauty of the natural surroundings, that peaceful ease, and then this neon superficial quality that shines on everything and is impossible to ignore. It’s a hard place to find your balance sometimes, but there is an intense energy that can take you to really powerful places — the challenge is learning how to harness it.”

Though some of South Florida’s favorite music venues are no longer open, vibrant live music scenes can be found at venues like the North Beach Bandshell (below) and Ball & Chain; music fans can pick up new and vintage recordings by their favorite artists at Sweat Records (below).



### The Hit List — where Miami’s artists go for live music

- **Suéñalo** — Open Stage Club, Jada Coles Lounge, Bar Nancy, Ball & Chain.
- **Spam Allstars** — The Club, Las Rosas, Gramp’s, Lagniappe.
- **Afrobeta** — Churchills, Sweat Records, The Vagabond, Pax.
- **Electric Kif** — Gramps, Lagniappe, Las Rosas, Floyd.
- **Paperwater** — Coyo, Floyd, the Terrace at Club Space.
- **Morgan Bryson** — Floyd, Lagniappe, The Corner Bar, Fillmore Miami.



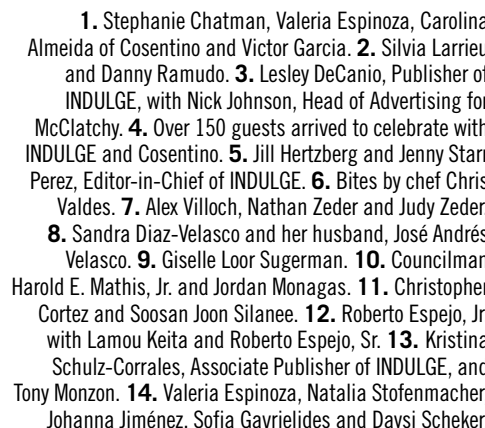




# INDULGE celebrates the 2019 Design & Real Estate issue at Cosentino

Cosentino's elegant \$1.4 million showroom on Biscayne Boulevard served as the location for an exclusive event celebrating INDULGE's latest Design & Real Estate Issue. Renowned chef and TV personality Chris Valdes delighted guests with an array of dishes created for the occasion, while JP Chenet kept the wine flowing throughout the evening.

PHOTOS BY ALEXIA FODERE



**1.** Stephanie Chatman, Valeria Espinoza, Carolina Almeida of Cosentino and Victor Garcia. **2.** Silvia Larrieu and Danny Ramudo. **3.** Lesley DeCanio, Publisher of INDULGE, with Nick Johnson, Head of Advertising for McClatchy. **4.** Over 150 guests arrived to celebrate with INDULGE and Cosentino. **5.** Jill Hertzberg and Jenny Starr Perez, Editor-in-Chief of INDULGE. **6.** Bites by chef Chris Valdes. **7.** Alex Villoch, Nathan Zeder and Judy Zeder. **8.** Sandra Diaz-Velasco and her husband, José Andrés Velasco. **9.** Gisel Loo Sugarman. **10.** Councilman Harold E. Mathis, Jr. and Jordan Monagas. **11.** Christopher Cortez and Soosan Joon Silanee. **12.** Roberto Espejo, Jr. with Lamou Keita and Roberto Espejo, Sr. **13.** Kristina Schulz-Corrales, Associate Publisher of INDULGE, and Tony Monzon. **14.** Valeria Espinoza, Natalia Stofenmacher, Johanna Jiménez, Sofia Gavrielides and Daysi Scheker.



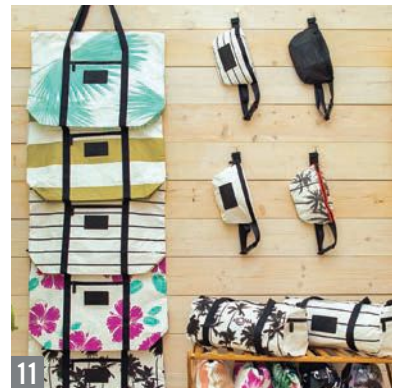


## Life in Paraiso

The swim fashion extravaganza brought models, celebrities and sustainable designs to the magic city.



Paraiso Miami Beach officially took over what was known as Miami Swim Week this past summer with over 40+ runway shows, activations, and culinary experiences. The Paraiso Bungalow, a consumer-driven pop-up double decker overlooking the beach had visitors and residents of Miami Beach reveling and shopping collections from Chopard, Olivela, Tropic of C, Aloha Collection among other brands. Chef Brad Kilgore ran the second floor, four-day pop up restaurant hosting culinary experiences for brands such as, Monday Swimwear, Iorane and Sinesia Karol.



1. A model is all smiles backstage at the Agua-Bendita x Yanbal runway show. 2. Tropical prints were the top trend seen at the Aguaclara presentation. 3. Earthy goddess vibes at Becca. 4. Stripes with a 70s-style twist at Becca. 5. Badgley Mischka brought silver screen glamour to their latest swimwear collection. 6. Supermodel Candace Swanepoel at the Paraiso Bungalow. 7. Chef Brad Kilgore holds court at Chopard's VIP-only dinner. 8. Summertime accessories at the Cia.Marítima event. 9. Fashion lovers shopped for colorful prints and casual separates. 10. Chopard's Happy Hearts collection was on display at the Paraiso Bungalow. 11. Vibrant waterproof accessories by Aloha. 12. Student designers paired up with major swim labels to produce sustainable fashion for the Upcycle Challenge. 13. Excited shoppers snatched up chic luxury pieces from high-end swimwear brands like Tropic of C.





# indulgence

By Claudia Miyar



“**F**

ashion is what you're offered four times a year by designers. And style is what you choose.” Supermodel and American fashion icon Lauren Hutton said it best when she declared that what you select to wear defines your style. Choose wisely with investment pieces that make you feel and look great day to day; but don't neglect to select items that add personality to your overall style. This bucket bag by Christian Louboutin combines two of fall's biggest trends — flamboyant feathers and intricate lace. The look stays edgy and not too sweet with leather, grommets and a silver chain detail that adds a bit of grit to an undoubtedly feminine piece. Whatever you pair it with — a crisp top, jeans and heels or a formal gown — Louboutin's masterpiece is the ultimate accessory this season, and a testament to how one alluring accessory can send a different message, depending on your personal style. Marie Jane Bucket bag, \$2,250. *Christian Louboutin. 155 Northeast 40th Street, Design District; 305-576-6820; christianlouboutin.com.*



# M

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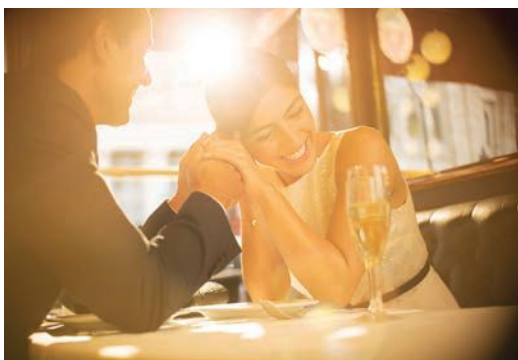


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